WHAT'S ON

19-25 March 2022

THE NEW ROMANTICS

HEARTSTOPPER REWRITES THE YOUNG LOVE RULEBOOK

The Guardian

Screen age kicks *Joe Locke as Charlie Spring in Heartstopper*

Milkshakes, movie nights, incessant Instagramming and not a drug or drink in sight ... Heartstopper shows lovelorn teens as never before. **Rachel Aroesti** meets its creator Alice Oseman, who has turned her hit web comic into a radical and joyful queer love story

DMs can come true

Heartstopper is the anti-Euphoria. The upcoming Netflix teen drama – about a budding romance between two school friends – is as wholesome and uplifting as the headline-grabbing US high-school sensation is bleak and ridiculously debauched. Heartstopper's 15-year-olds don't take drugs, drink alcohol, have sex, swear or even argue with their parents. Instead, they go out for milkshakes, perform dutifully in school music concerts and have chaste movie nights. They are sweet, chronically polite and partial to an early night – a world away from the contemporary teen TV stereotype.

But Heartstopper is also quietly radical. The show, which is set in the UK, is a gay love story aimed at young viewers. Sensitive, incessantly apologetic swot Charlie meets charming rugby star Nick in class, and the spark between them slowly blossoms into love. It's a flirtation punctuated by much classically British romcom awkwardness, reams of Instagram messages and plenty of panicked Googling.

Although it won't be released until next month, Heartstopper already has a passionately devoted following. That's because the show is based on the much-loved, long-running young-adult web comic of the same name, created by Alice Oseman (it boasts more than 500,000 subscribers on Webtoon, just one of its online platforms). The 27-year-old is also behind this TV version: she didn't just write the script, she oversaw every detail, from the costumes to the casting.

Oseman started Heartstopper in 2016, plucking the two protagonists from her YA debut novel Solitaire, where they appear as supporting characters. Solitaire was a relatively "dark" book about mental health, says Oseman, who is unwaveringly smiley and inclined towards brief, efficient explanations. Yet she was determined to turn the origin story of Charlie and Nick's relationship into something "optimistic and joyful". It took off quickly, popularity-wise – and then proceeded to take over Oseman's life. She began reshaping the comic into a TV show in 2019 and is still writing new chapters of the web version as we speak – aiming to draw a page every day of her working week.

Heartstopper is the sort of meticulously crafted passion project that, done carelessly, could make for a painful page-to-screen translation. But Oseman was determined to stay true to the story's roots. One of the stipulations was that it remained distinctively British. Despite being aimed at a global audience, there is no Sex Education-style, vaguely transatlantic setting here. Oseman, who grew up in Kent, "wouldn't have said yes to adapting it if they'd wanted to set it in America. I really, really wanted it to be set in Britain – I think that's so integral." Terminology such as "form groups" has confused overseas readers of the comics, but she insisted on keeping "all of those little British things. I think people will still understand it." Like how British audiences have no problem grasping the minutiae of the US school system? "Exactly!"

Oseman also felt it was important to fill the cast with school-age actors. It's the norm for teens on TV to be played by twentysomethings, but "there aren't enough shows where teens are played by real teens," thinks Oseman. Kit Connor – best known for his role as the young Elton John in Rocketman –

is Nick, while newcomer Joe Locke is Charlie. Both are still 18. Age meant much of the cast was new to acting: William Gao, who plays Charlie's exuberantly cynical best friend Tao, was discovered via an open casting; their other friend Elle is played by trans TikTok sensation Yasmin Finney in her TV debut.

Despite the story's warm-and-fuzzy quality – the joy Nick and Charlie find in each other practically bounces off the screen – the show makes it quite clear that it's not all sunshine and rainbows for gay British teens. Heartstopper is set predominantly in a grammar school – a boys' equivalent of the one Oseman attended – where homophobia is rife. Charlie has already come out as gay in school and is the subject of regular mockery, while anti-gay jokes are a recurring motif of Nick's laddish friends' chat. It's far from the woke inclusivity you might presume today's teens would embrace.

Oseman says the reaction of the other students was based on her own experiences of school. But haven't things progressed over the past decade? She isn't convinced. "When I meet teenagers who have read my books, from some I get the impression they've had such a better experience being LGBT+ in school now, but for others it sounds exactly the same. I like to think overall things have got better, but it's still not blissful amazingness everywhere."

As you might expect for a 2022-set teen show, the bulk of the action – and lots of the dialogue – takes place on screens. The fact that so much in life now happens virtually might seem like a problem for drama – a medium largely predicated on seeing people do and say things. Yet Heartstopper turns phone-based communication into a brilliant storytelling device: when we witness the characters write and then nervously delete messages without ever sending them, it's like being privy to their inner monologues.

That said, incorporating phones was "so hard" on a practical level. The team filmed endless screens only to discover the text was "too zoomed out – you can't read the words, or you don't know where your eyes are supposed to focus". They eventually landed on Instagram as the messaging app of choice, partly because "obviously teenagers use it all the time", but also because its formatting was "very easy to understand."

In Heartstopper, technology is also the primary medium for self-discovery. While Charlie has already come to terms with his sexuality, Nick is flummoxed by his feelings. In his confusion, his first port of call is an internet quiz on the subject. Googling your feelings is "an experience so many queer people can relate to," says Oseman.

As a result of his internet odyssey, Nick eventually realises he is bisexual. Having barely accepted the label himself, he must almost immediately start educating others about a still much-misunderstood sexual orientation. Oseman – who herself identifies as aromantic asexual (a person who experiences little or no romantic or sexual attraction to others) – knows how that feels. "That's one thing bisexual and asexual people can totally relate to," she says. "Those are lesser known sexualities and you're more likely to get questions when you come out."

Oseman's quest to educate others about her identity has gone further than most. In 2020, she published her fourth YA novel, Loveless, about Georgia, a girl who has never had a crush on anybody but is determined to fall in love during her first year at Durham University, before realising she is, like Oseman, aromantic asexual. At the time, Oseman had never come across a YA character who identified in the same way, and still feels that "asexual and aromantic people have barely any representation in anything". The reaction from readers has been huge: not only did Loveless help some "accept their sexuality", she says, it also enabled others to "understand a friend or a family member better. That's one of the most amazing things I could possibly hear as a writer."

When the TV version of Heartstopper is released, more compliments are set to follow, with the series sure to rocket from (very popular) cult concern to mainstream material. However, the author is almost ready to leave this richly imagined world behind. She has nearly finished writing the Heartstopper comics – chapter eight will be the last, and she's already planned out the ending. Loveless, meanwhile, was the final instalment in her YA book deal.

Now, Oseman is thinking about moving on from teen fiction completely and writing something aimed at adult readers. "I have the freedom to decide what I want to do next and I do feel drawn to writing about older characters now – because I have grown up. But I don't know what that would be yet." You can't help but feel her audience will be changing regardless: Heartstopper will doubtless appeal to swathes of viewers outside its school-age target audience – not just as a corrective for years of ridiculously overwrought depictions of adolescence, but also as that remarkably rare TV offering: a comfortingly escapist, binge-worthy beacon of loveliness and love.

Heartstopper is on Netflix from 22 April

Fluorescent adolescents *Yasmin Finney as Elle and William Gao as Tao*

NETFLIX; BBC/TEN66

Love in the Flesh

Just when you thought you'd seen every fresh take on the Love Island format ... you have

Joel Golby

New dating show, then. Come on, we can do this. Come *on*! I know, I know. There have been a lot of dating shows in the past year. No, yeah, I get it. Always exactly the same. Neon light in the makeup room. Cameras embedded in every part of the beach house. Lingering shots of people scrubbing their face in the shower. Slowed-down acoustic cover of a dance song. A fast-forward drone shot of the sea! Someone who is 19 years old and ready to settle down! A low-depth swimming pool and plentiful facilities to sleep outside! The slow, gnawing feeling of claustrophobia! I know. But the BBC has decided BBC Three has to be a real channel again, and so they need a Love Island-lite dating show, and we have to go through this dance again. I'm just as unhappy about it as you are.

I'll go through this quickly because I'm tired: Love in the Flesh (Wednesday, 10pm, BBC Three) is the curiously goth-titled new dating format that is just Love Island but not quite as Love Island-y. Love Island has irreparably damaged the TV landscape for years now, and will continue to for about the next five. Post-Love Island, we have the weaponised horniness of Too Hot to Handle, the hoodwinkery of Ready to Mingle, we have a landscape where Love Is Blind is allowed to happen, and I would even argue that the ancient format of Married at First Sight had a Love Island-adjacent uplift. By the year 2032, it's estimated one in two people in Britain will have worn a beltpack mic and made a to-camera confession that they "fancy one of their fellow islanders". It is now deeply unlikely you will make it to the grave without going on a dating show invented by a streaming giant and saying "so what are you thinking?" to someone who is squinting in the sun but refuses to get up and find some sunglasses.

Anyway, Love in the Flesh. Five couples who have all spoken on apps or Instagram but have never met up in real life ... meet up in real life. There is a beach house, there are bottles of champagne, there are single beds and Zara McDermott is there. You would think this feels like a fairly weak hook: that once the couples actually meet (some have been speaking for three months; some for *five years*) they establish almost instantly whether they have chemistry or not and then that is that. But that wouldn't make for a TV show, would it? So instead, they are condemned to share this huge beachside mansion, constantly pulling one another aside for a chat, going on little set-piece picnic dates and having their "relationships" "challenged".

This is more a failure of format than execution. Fundamentally, there is possibly something almost interesting about seeing two people who have shared extensive back-and-forths and video calls and photographs and late-night chats finally meet to see how it translates – a very long-anticipated first date, if you like. If they did a version of this that was "First Dates, but they've already swapped a couple of nudes" then it would kind of work. But because everything needs to be in an anodyne mansion on a sunny island now, the final shape of Love in the Flesh jars against the initial seed of it: it is not very interesting to see these people have or not have chemistry in this environment. Even if they did have chemistry, the sun and the tedium and the constant TV-ness of it would beat it out of them. So essentially you're just watching 24-year-olds not really talk to one another, in Greece.

It is now deeply unlikely that you will make it to the grave without going on a dating show invented by a streaming giant

There is almost some redemption in here. The casting isn't quite up to the slick reality TV debutant level of other shows – there are a couple of people here who have Love Island bodies and Love Island faces but inside something about them is rogue, weird, freakish, and seeing them in this setting among other people who are just hoping this gets them 100k Instagram followers and a free gym membership is strange and fraught. McDermott – a Love Island graduate herself – is a refreshingly odd pick as well: none of the contestants are particularly dazzled by her as a famous entity, so she's able to perch on the edge of the sofa with them, gossip as they gossip, and speak to them more as peers and equals than someone with cue cards issuing instructions from a producer. Still, it's not very good. Shall we meet here again for the next one in, what, two weeks? Maybe three weeks?

Pick of the week
Then Barbara Met Alan
Monday, 9pm, BBC Two

"He was a ball of energy, and together it felt like we could change the world." Ruth Madeley is dynamite as real-life disability rights activist Barbara Lisicki in this energetic one-off retelling of what happened after she met partner-in-crime Alan Holdsworth (an equally brilliant Arthur Hughes). Their story is cleverly brought to life in this 70-minute drama, mixed with archive footage, as it follows their journey from protesting to get a charity telethon shuttered ("Rights not charity!") to campaigning to get the 1995 Disability Discrimination Act passed. Watch out for the final scene on a bus, which might just provide the most joyous few minutes on screen so far this year. *Hollie Richardson*

Saturday

Pick of the day
Hidden
9pm, BBC Four
This atmospheric Welsh crime drama returns for a third season, and DCI Cadi John (Sian Reese-Williams) is at a job interview in Liverpool ready to take on urban living and crime. But before making any big moves, she's got another case to solve back in the Welsh countryside: a farmer's body has washed up on a stream bank. Cue a murky whodunnit, and the victim's wife raises strong suspicions. *HR*

Celebrity Mastermind
7.30pm, BBC One
Reassuringly, the celebrities often seem every bit as daunted by the looming black chair as the rest of us on the civilian iteration. Tonight's contenders include comedian Nina Conti (who's tackling the short stories of Stephen King) and Channel 4 news reporter Fatima Manji, who'll be boning up on Queen Victoria. *Phil Harrison*

Pointless Celebrities
8pm, BBC One
Jingles all the way: Xander and Richard convene a special radio stars instalment of the quiz that rewards those wily enough to come up with obscure answers. The broadcasters getting themselves out from behind the mic include Women's Hour's Jenni Murray, Radio 2's 80s expert Gary Davies and 1Xtra's Snoochie Shy. *Graeme Virtue*

Hidden, Sat

Skint, Sun

TOTP: The Story of 1992
8.45pm, BBC Two
Mel Giedroyc continues her journey through 90s music, this time taking us back exactly 30 years to when "pop was getting edged out by a wave of disposable dance music". Thank God for emerging working-class Scottish pop band Wet Wet Wet, eh? They recall the glory days, along with other stars of the year, including Shakespears Sister. *HR*

Killing Eve
9.25pm, BBC One
With Eve letting Villanelle stay in her hotel room for the night while she turns her full attention to hunting down the Twelve, has the show lost its key cat-and-mouse component? Perhaps, but keep an eye out for dark horse Pam, the wannabe assassin who keeps things murderous and bloody. *HR*

Queens of Mystery
9.25pm, Channel 5
DS Matilda Stone (Olivia Vinall) is on the case in this second chapter of the colourful comedy crime series. Oscar Prescott, a nominee for the Golden Pick Axe award, has been murdered – and a number of names are in the frame. Is it a fellow author? Oscar's publisher? Or his paranoid literary agent? *Ali Catterall*

Dynasties II, Sun

Sunday

Pick of the day
Skint
10pm, BBC Four
Following on from CripTales and Soon Gone, this thoughtful and compelling collection of 15-minute monologues showcases eight writers with lived experiences of poverty. Tonight, we see the first four, written by Lisa McGee, Byron Vincent, Emma Fryer and Gabriel Gbadamosi. From the waiter whose shift takes a dark turn with a rude customer (look out for Derry Girls star Saoirse-Monica Jackson), to the mum who finds herself in temporary accommodation on her baby boy's birthday, each is distinguished and confident. *HR*

Dynasties II
8pm, BBC One
The return of the series following the trails of elephants, hyenas and big cats from Zambia to Kilimanjaro. Tonight's opener is in the wilds of Patagonia, where puma mum Rupestre (her name means "found on rocks") battles blizzards, 100mph winds and dangerous rivals – male and female – to keep her litter of four cubs alive. *AC*

The Speedshop
8pm, BBC Two
What happens when you try to race bicycles you've rigged up to cordless drills? How do you customise a motorcycle sidecar so it fits the ventilator of an Afghanistan veteran in a wheelchair? Both these questions are answered in this heavy metal-soundtracked new series set in the garage of special forces member turned mechanic Titch Cormack. *Alexi Duggins*

Peaky Blinders
9pm, BBC One
In the wake of yet another Shelby tragedy, Tommy is out for revenge in this slow-burning, emotionally fraught episode. He also gets even more bad personal news. But his focus is on a murky meeting with global extremists that could alter the course of history. *HR*

The Ipcress File
9pm, ITV
This stylish revival of Len Deighton's cold war thriller is seductive 60s kitsch, even if the cold war context no longer feels quarantined in the past. Tonight, Harry and Jean follow Randall to Beirut. But are personal feelings clouding their professionalism? *PH*

Ukraine: Voices from the Frontline
10.20pm, ITV
This 45-minute film tells the stories of the people behind the headlines of the Russian invasion of Ukraine. It uses first-hand footage captured by those who are using social media to show the world what it is like to be trapped in the war – from living in bomb shelters to braving the dangerous, war-torn streets. *HR*

Monday

Pick of the day
Super Greed: The Fight for Football
9pm, Sky Documentaries
"One of the reasons football is the most popular sport in the world is because the weak can beat the powerful." Marcelo Bielsa's words set the stage for this 90-minute unpacking of why last year's proposed Super League provoked such public outrage (Prince William and Boris Johnson intervened) that it was withdrawn in just 48 dramatic hours. Uefa president Aleksander Čeferin, Crystal Palace co-owner Steve Parish and the Guardian sports writer Nicky Bandini are just some of the contributors. *HR*

Fame in the Family
5.30pm, Channel 4
Dancing siblings AJ and Curtis Pritchard take their turn on this bewildering show (get excited for Ann Widdecombe and Toyah Willcox's turns later in the week). Over dinner, four strangers need to guess which of them is distantly related to the Pritchards, according to a DNA test. *Jack Seale*

Holding
9pm, ITV
Sgt PJ Collins and DI Linus Dunne speak with the locals about what happened on the day that Tommy Burke disappeared 20 years ago, but in true small-town style it's "all just gossip at this stage". In fact, the locals have made up their mind that Brid is guilty of something. Are they right? *HR*

Killed By a Rich Kid
9pm, Channel 4
A documentary exploring the death of 17-year-old Yousef Makki, who was stabbed by his schoolmate Joshua Molnar after falling out over a small cannabis deal. What stands out is the troubling difference in perception surrounding Makki (a working-class kid who gained a bursary to an upmarket school) and Molnar, who was from a wealthy part of Cheshire. *PH*

Harry Hill's Lonely Island
10.25pm, BBC Two
A year ago, Hill launched a bite-size series of black-and-white shorts in which he donned DIY historical costumes and cavorted around on a beach doing silent slapstick. An episode where he dressed up as the

SAMUEL DORE; ITV; HBO

Love in the Flesh, Wed

Queen was postponed because of Prince Philip's illness at the time; it makes its belated debut tonight. *GV*

Tuesday

Pick of the day
The Simpler Life
9.15pm, Channel 4
"The abundance of the 21st century simply isn't working," claims Professor Brian Schwartz in this new series. "We've never been wealthier or had more choices and yet rates of depression and anxiety are rising." His solution? This six-episode social experiment to see "what actually happens to us when we radically simplify our lives". Cue 24 workaholics, screen addicts and success chasers who are ready to swap it all for the Amish way of life in Devon for a summer. *HR*

The Great Celebrity Bake Off for Stand Up to Cancer
8pm, Channel 4
A supremely relaxing hour of TV: celebrities including Clara Amfo and Emma Willis compete to raise money for charity. Baking innuendo abounds, of course - elephant-shaped biscuits are saved from looking phallic by some well-placed icing. *Henry Wong*

Somebody Somewhere
9pm, Sky Comedy
Another double-header of quietly beautiful comedy in Bridget Everett's series about a woman struggling to fit in with her Kansas home town. Sam goes axe-throwing with Joel and continues her inept stalking of Rick as the action flits seamlessly between goofy belly-laughs and heartwarming scenes of burgeoning friendships. *AD*

Rock Till We Drop
9pm, BBC Two
The most uplifting series of the year so far reaches its final episode, and it's four days before the two bands of older people are due to play live at the Isle of Wight festival. With just one more rehearsal left, disaster strikes when 72-year-old badass bass player Carol gets Covid. *HR*

This Is Going to Hurt
9.10pm, BBC One
Adam Kay's brutally frank but funny drama about life as an NHS doctor has been near-perfect throughout. The final episode picks up two months after Shruti's death - a guilt-ridden Adam has his tribunal, but will he tell the truth or save his own skin? *HR*

Peacemaker
10pm, Sky Max
Picking up where we left him in The Suicide Squad (in a hospital bed), John Cena is Peacemaker in this spin-off series. Breaking away from typical superhero tropes, this dark comedy's protagonist believes in peace at any cost ... no matter how many people he has to kill to get it (showrunner James Gunn has even said he is a "piece of shit"). *HR*

Wednesday

Pick of the day
The Island
10pm, Dave
In this new comedy gameshow, Captain Tom Allen is running a (metaphorical) ship - except the ship has sunk and passengers Sara Pascoe, Johnny Vegas, Ninia Benjamin and Ahir Shah each need to run to a nearby desert island and win points. From naming their nations to making ceramic busts of themselves, the mixed bag of bizarre point-winning tasks provide some easygoing escapism. Trusty deckhands Kemah Bob and Jason Forbes are also on hand to bring "live" reports from the islands. *HR*

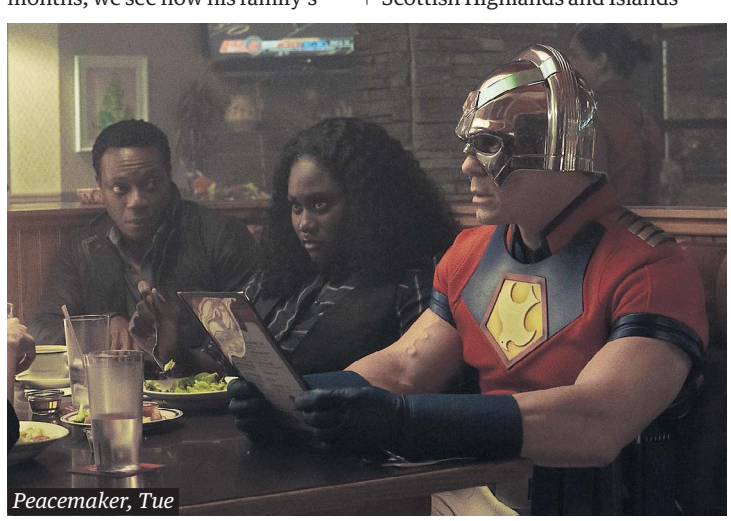
MasterChef
8pm, BBC One
The annual cooking contest returns, and the initial audition round has a twist: John and Gregg won't be meeting the contenders as they prepare the meals. Instead, they'll be blindly receiving them in the deliberately intimidating new MasterChef Tasting Room. *PH*

Interior Design Masters With Alan Carr
9pm, BBC One
The eight remaining designers need to revamp the house common rooms of a Bristol school. They have £3k and two days to transform these scuffed-up spaces into something cool (or, indeed, "peng"). As for Carr, he seems jittery about going back to school: "I'm worried about getting nits!" *GV*

Storyville: The Distant Barking of Dogs
10pm, BBC Four
"We're men, we have to be able to endure everything," says 10-year-old Oleg in the timely TV debut of this 2017 documentary, which follows his life in the Donbas region of Ukraine during conflict. Over 12 months, we see how his family's lives are soundtracked by shooting and bombs - and yet they refuse to move to safety. *HR*

Love in the Flesh
10pm, BBC Three
Five couples who have only ever chatted online meet for the first time. Endearing host Zara McDermott invites them to an island "so idyllic it can fast-track any relationship", and yet she says no couple is immune from "tests at every turn". Prepare for those awkward first introductions. *HR*

Bloods
10pm, Sky Comedy
In this hit-and-miss comedy, new staff counsellor George (Katherine Kelly) has her work cut out when she tries to improve team morale - and empathy-free boss Jo (Lucy Punch) is delighted with her frustration. Elsewhere, Darrell is worried he might be deported back to Australia. *Hannah Verdier*


Peacemaker, Tue

Thursday

Pick of the day
Joanna Lumley's Great Cities of the World
9pm, ITV
Dragging her suitcase along a cobbled ancient road, it doesn't take long for a handsome stranger to pick Lumley up on his Vespa and whisk her away to Rome ("*Fantastica*!" she yells). Once there, our velvety voiced tour guide uses a packet of spaghetti for a demonstration, chats with the city's oldest Hollywood-star photographer and gets her hands dirty in a top restaurant kitchen. *HR*

The Apprentice
9pm, BBC One
Finale time, as our two front-runners (yet to be revealed, at the time of writing) are summoned to the British Museum to receive their final challenge from the Sugar lump. They must rebrand a company, produce a digital billboard and direct and edit a TV commercial pitch. *AC*

Extraordinary Escapes With Sandi Toksvig
9pm, Channel 4
Toksvig goes off-grid in the Scottish Highlands and Islands with Philippa Perry, who is a self-described "party lover". She quickly adapts to no electricity on a rural island, and instantly throws herself into shucking scallops, spotting seals and getting a fireman's lift from a local. *HR*

Joanna Lumley's Great Cities of the World, Thu

Cornwall: A Year By the Sea
8pm, Channel 5
Fern Britton shows us what happens in Cornwall when it's not brimming with tourists, starting in springtime as its farms and stately homes awaken. It's joyful to see people do what they love, even when the work looks gruelling. As one farmer beams: "Life's good with a sheepdog." *HW*

My Brilliant Friend
9pm, Sky Atlantic
A double bill of Elena Ferrante's beautiful tale of friendship sees Lila's health getting worse. She wants to move back to the neighbourhood, but can some family friends help? Meanwhile, Lenù is writing about conditions at the Soccavo plant and preparing for her wedding day - and Adele has a surprise in store. *HV*

Meet the Richardsons
10pm, Dave
Armed with her new agent, Lucy's career is on the up - so she heads to LA to crack the States, but nobody understands her dulcet Hull tones. What will Jon do while she's gone? "I get to finish a sentence," he deadpans. He also has a meeting with Jed Mercurio. *HR*

Friday

Pick of the day
Unreported World: The Anti-Vaxx Preachers
7.30pm, Channel 4
Around 132m Covid vaccinations were administered across the UK in 2021 alone, but this documentary reports that just 200,000 people are now fully vaccinated in South Sudan. In fact, most people in Africa haven't even received one jab yet. Investigative journalist Seyi Rhodes asks why. Money is an obvious answer, but there is also a huge hesitancy about the vaccine among people, with some thinking it is deadly - including the influential local preacher using anti-vaxx propaganda that Rhodes confronts as part of his investigation. *HR*

Inside Culture With Mary Beard
7.30pm, BBC Two
It's the last in the current series of Beard's cultural hours - and she's ending things on a high, with Booker-nominated novelist Elif Shafak as her guest. Unpicking themes of belonging, identity, equality and freedom of speech, Shafak tells all about her life. *HR*

Grayson's Art Club
8pm, Channel 4
It is a good week on screen for the Perrys, as Philippa returns with her husband Grayson to celebrate the heroes and heroines theme with his national art club. Jo Brand mucks in and gets creative, while comic book artist Frank Quitely shares what makes a hero in art. *HR*

Grantchester
9pm, ITV
University challenged: after a string of homeless people are murdered, gruff detective Geordie suspects a Cambridge student who had befriended them. The only problem? The student in question has just disappeared. Meanwhile, Leonard lends an ear to Mrs C, whose cancer diagnosis has her questioning God and berating children in church pews. *HR*

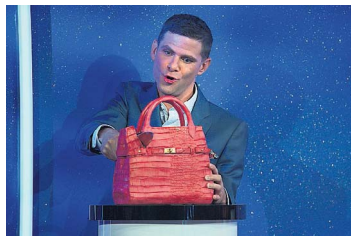
Drugsland: Going Country
9.05pm, BBC Three
This two-part, multi-perspective film shows the reality of "county lines" drug dealing - which is leading to extreme gang violence in rural towns and on country lanes. The first episode focuses on the Devon police, who are called to a stabbing on a remote A-road, only for the investigation to lead to a drug-dealing network with links to Liverpool. It also speaks with the users and addicts involved. *HR*

Not Going Out
9.30pm, BBC One
Lee Mack's dependable comedy starts season 12 with that old sitcom staple: someone (Wendy, played by Deborah Grant) has done a terrible painting, but nobody can face telling them. Light farce ensues, elevated by Geoffrey Whitehead as Lee's terrifically dry father-in-law. *JS*

Pick of the week
Pachinko
Apple TV+, from Friday

Pachinko
In the light of current events, it's hard to watch this lyrical, emotionally rich adaptation of Min Jin Lee's novel about four generations of a Korean family without thinking about how the sweep of big history interacts, often tragically, with individual lives. But Pachinko would have been an exceptional piece of work regardless of context. The story follows Sunja (played by Yuh-Jung Youn, Yu-na Jeon and Minha Kim) – a girl born into a Korea struggling under Japanese occupation, who experiences huge upheaval. While the scope of the narrative is wide, redemption is always to be found in the intimacies of human kindness. *Phil Harrison*

Bridgerton
Netflix, from Friday
This wildly popular Regency drama ticks a remarkable number of boxes: period nostalgia underpinned by modern raunch; a panracial, pansexual outlook; and, of course, the delightfully meta touch provided by the running commentary of gossip columnist Lady Whistledown (Julie Andrews). As we rejoin London's high society, the search for a new "diamond" is on and the Queen (Golda Rosheuvel) is concerned: "Apathy is a blight the monarchy simply cannot endure." Wise words and, with the dashing Anthony Bridgerton (Jonathan Bailey) looking for love, a worry the royal is unlikely to have to endure for long. *PH*



Is it Cake?

Netflix, out now
It's a long way from Mary Berry, but in the ecosystem of food-related television this gloriously pointless show occupies a distinct niche. On the basis of a clip that went viral a couple of years ago, it's clear that seeing cakes almost identical to everyday objects is an itch many of us needed to scratch. Mikey Day presents this fleshed-out version of that video as bakers (happily, all aware of the mind-boggling absurdity of their endeavours) compete to make the non-cakiest cakes possible. And why not? Expect to see bowling pins, trainers and rubber ducks. *PH*

Sanditon

BritBox, from Monday
Nowadays, if your favourite show is cancelled, don't despair. If enough people care, fans have a good chance of exerting sufficient pressure to reverse the decision. It has been proved with this seaside period drama based on an unfinished Jane Austen manuscript: months of campaigning has ensured that the show's Midsummer Ball cliffhanger will now be resolved. There's even a nod to the circumstances around the return, as Anne Reid's Lady Denham says to heroine Charlotte Heywood (Rose Williams): "I rather thought we'd seen the last of you." Not a bit of it. *PH*

The Principles of Pleasure

Netflix, from Tuesday
Some real sex education on Netflix. This series explores female desire, attempting to connect sexual pleasure to autonomy, attainment and fulfilment in other areas of life. Comedian Michelle Buteau presents engagingly, discussing issues surrounding self-esteem, sex positivity, masturbation and "the orgasm gap" (think the gender wage gap only a fair bit sexier). The tone can feel a little forced at times, lurching between pseudo-scientific discourse and a slightly twee coyness, but the subject matter is long overdue for serious discussion. *PH*

Lizzo's Watch Out for the Big Grrrls

Amazon Prime Video, from Friday
"Girls that look like me," says Lizzo, "don't get representation." Well, now they do as this cheering new series sees the rap icon looking for dancers to join her on her world tour. On the face of it, this is just a simple reality show contest. But, eventually, something more uplifting and even profound begins to emerge as the contenders move into the Big Grrrls House and begin to ponder the serious business of, as one dancer puts it, "learning to love yourself in a world that doesn't love you back". *PH*

Olivia Rodrigo: driving home 2 u

Disney+, from Friday
Olivia Rodrigo has achieved a lot for a 19-year-old. So much, in fact, that she's already releasing slightly wistful films looking back at her recent past. In this documentary, she recalls the writing and recording of her monumentally successful 2021 debut album, Sour, and ponders the specific emotions surrounding it. Rodrigo feels like a very new kind of pop star – her career is both minutely commercially planned (the Disney hook-up goes back to her early teens) and creatively autonomous. This film captures a key phase in that process. *PH*

APPLE TV+; NETFLIX; ITV; DISNEY

Catchup TV

A startup faces a messy end and we need to talk about Kyle

WeCrashed
Apple TV+
★★★★☆

WeCrashed could equally well be named WeBoggle. This dramatisation of the already fairly dramatic rise and fall of the property rental company WeWork will have you rubbing your eyes in disbelief and then flailing around uselessly on the sofa trying to understand how it all happened. We follow, in non-linear - but not too vexing a manner - company founder Adam Neumann (Jared Leto) and his wife/muse/cheerleader/enabler Rebekah (Anne Hathaway) as he hits on the idea of renting out flexible office spaces. Leto and Hathaway create a convincing marriage, supportive and toxic at the same time, buckling and bending under the pressures of near-bankruptcy. Though don't expect to understand the ins and outs of how the company's value rapidly fell by $37bn. *Lucy Mangan*

Jeremy Kyle Show: Death on Daytime
Channel 4/ All 4
★★★★☆

The Jeremy Kyle Show was at times ITV's most popular daytime show, but it was taken off air in 2019 when guest Steve Dymond killed himself after failing a lie detector test. The channel still claims the aim of the show was to provide "conflict resolution" for its guests. But the director of this two-part documentary, Kira Phillips, pieces together a different picture, using Dymond's story as its tragic centrepiece. Four anonymous ex-employees talk about the culture that not only expected conflict but actively encouraged it; one camera operator who worked backstage describes it as "back-to-back psychological carnage". It is a difficult watch and a withering account of how the show functioned. *Rebecca Nicholson*

Holding
ITV/ITV Hub
★★★☆☆

Based on Graham Norton's debut novel, Holding is ostensibly a murder-mystery. Human remains are discovered in a quiet village in West Cork, Ireland, while builders are demolishing a farmhouse that belonged to the Burke family. It seems the villagers - including the fiancee jilted at the altar by Tommy, the son of the house, and the woman he was seeing on the side - now have an answer as to how, if not why, he disappeared on his wedding eve 20 years ago. What it is really about, of course, is the discovery's effect on the villagers and the gradual excavation of their tangled histories and relationships - with Tommy, with each other and even with Ireland. It neatly avoids cliche and Oirishness, and is suffused with wit, warmth and compassion. *LM*

Bad Vegan: Fame. Fraud. Fugitives.
Netflix
★★★☆☆

The "spectacular grift" documentary is a subgenre of true crime that is threatening to overshadow its originator. Bad Vegan: Fame. Fraud. Fugitives. is the story of how one woman was so gullible she let a man she met online persuade her to drain $2m from her Manhattan raw-vegan restaurant, because he claimed he could make her beloved dog Leon immortal. Or at least this was the marketing headline. This unhurried but fascinating four-part documentary does a fine, careful job of explaining that it was slightly more complicated than that. Largely comprising an interview with restaurateur Sarma Melngailis herself, this is very much Melngailis's show. By the end you'll be wondering: who knows precisely where the truth lies? *LM*

PETER KRAMER/APPLE TV; JOSEPH SINCLAIR

Audio

Podcasts

Pick of the week

The Wellbeing Lab With Will Young
Widely available, episodes weekly
Will Young could verbalise his thoughts on drying paint for an hour and it would still be a charming listen. But here he is talking about important and relatable stuff: mental health issues such as shopping addiction, body dysmorphia and cognitive behaviour therapy. It's a casual and welcoming vibe as he records from his living room table, with his dogs making guest appearances as he chats thoughtfully with experts. *Hollie Richardson*

Michelle Visage's Rule Breakers
BBC Sounds, episodes weekly
The Drag Race superstar (pictured right) is as charismatic as ever in her interview podcast celebrating people who do things differently. Cameron Diaz is not the obvious choice of rebel, but the revealing chat brings out some sound views about ageing and becoming a mother in midlife. Dita Von Teese and Billy Porter are coming up. *Hannah Verdier*

Hear Her Voice
Widely available, episodes weekly
The words "women in music" usually sparks an eye roll, but Laura Whitmore's podcast on the subject is a refreshing take, free from pretence and completely female-powered. Whether it's Lliana Bird talking about Grace Jones or Self Esteem talking about on-stage confidence, there's so much drive and positivity it's irresistible. *HV*

The Big Green Money Show
BBC Sounds, episodes weekly
Who knew Deborah Meaden was an "environmentalist"? Presumably the college tutors who marked

her thesis, which - according to her and Felicity Hannah's podcast scrutinising businesses' efforts to go green - was on climate change. Despite her unchallenging interview with easyJet's CEO on flying's eco impact, the experts who answer listeners' questions make for illuminating listening. *Alexi Duggins*

ZOE Science & Nutrition
Widely available, episodes weekly
Health app ZOE might be known for conducting the world's largest Covid-19 study, but this podcast focuses on its day job: nutrition. It's a food geek-pleasing scientific deep dive into how we eat, from the complex chemistry of dark chocolate through to an incredibly detailed scientific analysis of how gluten intolerance works. *AD*

Radio

I Must Have Loved You
Sat, 2.45pm, Radio 4
Michael Chaplin's play about the mysterious disappearance of Jess Doyle - lead singer of fictional 80s Newcastle hitmakers Heaton Park - is memorably punctuated by artfully rearranged Sting standards. The ex-Police man (pictured above) also co-stars as a crotchety geordie wannabe bluesman who becomes estranged from his daughter (Jess) as her musical success grows. The story of how a craven music industry exploits young female talent feels familiar, and this is an absorbing family drama full of evocative detail. *Graeme Virtue*

Some Kind of Black
Sun, 3pm, Radio 4
Diran Adebayo dramatises his own award-winning novel. Kenneth Omole is Dele, a young man who graduates from Oxford and is immediately met by a grave family crisis. As Dele navigates that and comes of age in the process, Adebayo deftly, provocatively and often humorously dismantles the modern African-British experience, skewering common stereotypes and painting a world defined by racial divisions that are often not instantly visible. Femi Elufowoju Jr, who has opera and theatre drama on his CV, directs. *Jack Seale*

Artist Collection: Kele Okereke
Mon, midnight, 6 Music
Linked to the upcoming release of the band's first new music in six years, this two-hour homage to the Bloc Party frontman includes In Their Own Words, featuring previously broadcast interviews and live performances, plus a playlist of Okereke's music and its influences. Cheap filler for the airwaves, cobbled together out of here's-one-I-made-earlier content, or a touching tribute to an indie legend? Probably both. *Alexi Duggins*

Bad Apples
Tue, 8pm, Radio 4
Is police misogyny institutional or simply a case of a few bad apples? Prompted by WhatsApp messages from male officers detailing violence against female colleagues, Cara McGoogan investigates. Speaking to current and former officers, her findings are bleak and timely. A year after Sarah Everard's murder, when police scrutiny is at an all-time high, it's likely to confirm many people's worst-held beliefs. *Henry Wong*

Pick of the week

Spencer

Friday, Amazon Prime Video

Pablo Larraín revisits similar terrain to his 2016 film about Jackie Kennedy with this intimate drama focusing on Princess Diana, another iconic figure beset by tragedy. Gamely and unnervingly impersonated by Kristen Stewart, Diana is a woman on the verge. Duty-bound to attend a royal family Christmas at Sandringham in 1991, she rebels against her sterile marriage and suffocating public role. Despair soon leads to physical and mental disintegration. In a way, Diana was badly cast as a princess and Larraín makes us empathise with her stage fright – she can't remember her lines, the costumes don't fit and her audience is brutally unforgiving. *Simon Wardell*

Notorious

Sunday, 7pm, Talking Pictures TV
Alfred Hitchcock's classic 1946 thriller pairs Ingrid Bergman with Cary Grant to scintillating effect. She is the daughter of a wartime traitor; he is the agent who sends her undercover in Brazil to infiltrate the circle of neo-Nazi Claude Rains. She commits to her "Mata Hari" role while feeling demeaned by it – pointedly, the film exposes the gaslighting hypocrisy of her male handlers. Grant's spy, however, has fallen for her and is torn between love and duty as she becomes increasingly compromised. *SW*

Sport

Athletics
World Indoor Championships
Sat, 8.15am, BBC Two
Day two from Belgrade, including the men's 800m with British indoor record holder Elliot Giles (pictured).

Super League Rugby
Warrington Wolves v Wakefield Trinity
Sat, noon, Channel 4
From Halliwell Jones Stadium.

International Cricket
West Indies v England
Sat, 1.30pm, BT Sport 2
The fourth day of the second Test at Kensington Oval. The final Test starts Thursday, 1pm, BT Sport 1.

Six Nations Rugby Union
Wales v Italy
Sat, 1.45pm, BBC One
The final day of the championship, with Ireland v Scotland following at 4pm on ITV and France v England at 7.15pm, also on ITV.

FA Cup Football
Middlesbrough v Chelsea
Sat, 4.50pm, BBC One
The Championship team take on last year's FA Cup runners-up in the sixth round at Riverside Stadium.

Women's World Cup Cricket
New Zealand v England
Sat, 10pm, Sky Sports Main Event
A group match from Auckland.

FA Cup Football
Crystal Palace v Everton
Sun, 11.45am, ITV
The sixth-round tie. Followed by Southampton v Man City at 2.35pm on BBC One, and Nottingham Forest v Liverpool at 5.15pm on ITV.

Women's Super League Football
Chelsea v Tottenham Hotspur
Wed, 7pm, Sky Sports Main Event
From Kingsmeadow.

The Elephant Man

Monday, 12.15am, BBC Two
This one's a real heartbreaker. David Lynch reined in his surrealist tendencies for this 1980 black-and-white drama about John Merrick, a real-life Victorian with severe deformities that brought him fame and notoriety. Anthony Hopkins is solid as Frederick Treves, the surgeon who rescues Merrick from a miserable life as a circus attraction, but it's John Hurt's performance in the title role that makes the film shine. Beneath layers of makeup, he gives Merrick a delicacy and pathos that lends the story an emotional resonance far beyond its "freakshow" tragedy. *SW*

Burning

Saturday, 10pm, BBC Four
There's a surreptitious flavour to Korean director Lee Chang-dong's fine drama, adapted from a Haruki Murakami story. Yoo Ah-in stars as slightly gormless would-be writer Jong-su, who hooks up with an old schoolmate, Jeon Jong-seo's restless Hae-mi. However, his place in her affections is soon usurped by Steven Yeun's Ben – rich, self-assured, blandly enigmatic. Drifting almost imperceptibly from youthful romance to murky mystery, the film is deliciously disconcerting and, like Yeun's pivotal performance, doesn't appear to be trying too hard. *SW*

Climax

Saturday, 1.50am, Film4
A group of dancers are celebrating the last night of rehearsals for their new show at a school building somewhere in France. Fatefully, someone has spiked the party punch with LSD and, this being a Gaspar Noé film, all hell breaks loose. The collapse of fellowship and social order in an already sexually febrile atmosphere is laid out in epically long takes, the camera swirling and staggering after the improvising actors as they succumb to hallucinations, paranoia, violence and desire. It's a blunt-force approach, but deliriously effective. *SW*

Our Ladies

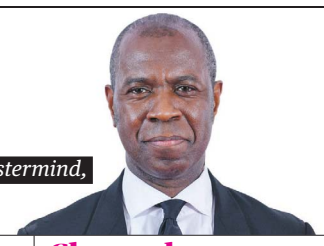
Sunday, 8.40am, 10.30pm, Sky Cinema Premiere
This boisterous screen treatment of Alan Warner's novel The Sopranos follows five Catholic girls from Fort William on a school choir day trip to Edinburgh in 1996. There's no mob business here, though, just teenage hormones running rampant in the big city. Singing comes a distant second to illicit drinking and trying to get laid for a tight-knit group who each have their distinct dreams and hopes (or lack of hope). A frank, funny drama from Michael Caton-Jones, underlaid with coming-of-age poignancy and the ache of time passing. *SW*

County Lines

Friday, 10pm, BBC Three
A tough British drama that delves deeper into the headline-grabbing stories of city kids being sent to rural areas to deal drugs. Conrad Khan is excellent as the withdrawn, inarticulate 14-year-old Tyler, lured into criminality when his single mum Toni (the equally convincing Ashley Madekwe) loses her job. His descent into a life even more troubling than the one he is fleeing is given the social realist treatment by director Henry Blake, emphasising how easily young people like Tyler – who have few options and a lack of support – can be groomed. *SW*

LANDMARK MEDIA/ALAMY

Saturday


Celebrity Mastermind, BBC One

BBC One

6.0 **Breakfast** (T) **10.0** Saturday Kitchen Live (T) **11.30** Marcus Wareing's Tales from a Kitchen Garden (T) (R) **12.0** Football Focus (T) **1.0** News (T) **1.10** Weather (T) **1.15** Bargain Hunt (T) (R) **1.45** Live Six Nations Rugby Union (T) Wales v Italy (kick-off 2.15pm). **4.30** News (T) **4.40** Regional News and Weather (T) **4.45** Weather (T) **4.50** Match of the Day Live: The FA Cup (T) Middlesbrough v Chelsea (kick-off 5.15pm). **7.30** **Celebrity Mastermind** (T)

8.0 **Pointless Celebrities** (T) Radio stars including Jenni Murray, Gary Davies and Nadia Jae compete.
8.45 **Casualty** (T) Teddy discovers he has a heart condition.
9.25 **Killing Eve** (T) Having been rejected by Eve, Villanelle turns to someone else for help. And Eve is getting closer to the Twelve.

10.10 **News** (T) Weather
10.30 **Match of the Day** (T) Aston Villa v Arsenal.
11.0 **MOTD Top 10: Comebacks** (T) Football chat with Gary Lineker, Alan Shearer and Micah Richards.
11.30 FILM **The Finest Hours** (Craig Gillespie, 2016) (T) Fact-based disaster movie.
1.20 **Weather** (T) **1.25** News (T)

BBC Two

6.25 **Blue Peter** (T) (R) **6.55** Deadly 60 (T) (R) **7.25** Malory Towers (T) (R) **8.15** Live Athletics: World Indoor Championships (T) **12.0** Great British Menu (T) (R) (R) **2.0** FILM This Beautiful Fantastic (Simon Aboud, 2016) (T) **3.30** Lightning (T) **4.0** Richard Osman's House of Games (T) **4.30** Live Athletics: World Indoor Championships (T)

8.45 **TOTP: The Story of 1992** (T) With the Orb, the Shamen, Manic Street Preachers and Shakespears Sister.
9.45 **TOTP 1992 Biggest Hits** (T) A selection of performances from 1992, including Kris Kross, Bizarre Inc, Manic Street Preachers and Primal Scream, plus the emergence of Take That.

10.45 **Annie Lennox: BBC One Sessions** (T) (R) The singer performs with members of the BBC Concert Orchestra.
11.45 **Annie Lennox: Diva** (T) (R) The Eurythmics star talks about her life.
12.15 **Whitney at the BBC** (T) (R) **12.45** FILM Whitney: Can I Be Me (2017) (T). **2.30** This Is BBC Two (T)

ITV

6.0 **CITV 7.0** News (T) **9.30** James Martin's Saturday Morning (T) **11.40** Simply Raymond Blanc (T) **12.45** News and Weather (T) **1.10** Racing: Live from Uttoxeter (T) **4.0** Six Nations Live (T) Ireland v Scotland (kick-off 4.45pm). **7.0** News and Weather (T)

7.15 **Six Nations Live** (T) France v England (kick-off 8pm). Mark Pougatch presents the final match of this year's championship, held at Stade de France. With analysis from Ian McGeechan, Rory Best and Brian O'Driscoll, and commentary by Miles Harrison, Gordon D'Arcy and Johnnie Beattie.

10.30 **News** (T) Weather
10.45 FILM **Hellboy II: The Golden Army** (Guillermo del Toro, 2008) (T) The demon hero battles a renegade elf prince. Action fantasy sequel, starring Ron Perlman.
1.0 **Shop: Ideal World 3.0** Living on the Veg (T) (R) **3.55** Unwind With ITV **5.10** Alphabetical (T) (R)

Channel 4

6.05 **Mike & Molly** (T) (R) **7.10** The Simpsons (T) (R) **9.25** Four in a Bed (T) (R) **12.0** Live Super League Rugby (T) Warrington Wolves v Wakefield Trinity (kick-off 12.30pm). **2.45** A Place in the Sun (T) **4.0** Grand Designs (T) (R) **5.0** Location, Location, Location (T) (R) **6.0** News (T) **6.30** What If Putin Goes Nuclear? (T) **7.30** F1 Bahrain Qualifying Highlights (T)

9.0 FILM **Alita: Battle Angel** (Robert Rodriguez, 2019) (T) In the 26th century, a dismantled cyborg is repaired by a kindly technician with a dark secret, and falls in love with a local youth. Sci-fi adventure, starring Rosa Salazar, Christoph Waltz and Jennifer Connelly.

11.30 FILM **Bridge of Spies** (Steven Spielberg, 2015) (T) A lawyer defends a Soviet spy. Fact-based cold war drama, starring Tom Hanks and Mark Rylance.
2.05 **The Last Leg** (T) (R) **3.0** The Simpsons (T) (R) **3.25** Hollyoaks Omnibus (T) (R) **5.25** Bidding Wars (T) (R) **5.50** Find It, Fix It, Flog It (T)

Channel 5

6.0 **Milkshake! 10.0** SpongeBob SquarePants (T) (R) **10.25** Entertainment News (T) **10.30** Friends (T) (R) **12.55** Our Yorkshire Farm (T) (R) **2.55** Jane McDonald: Cruising Asia (T) (R) **4.20** FILM Big (Penny Marshall, 1988) (T) **6.25** News (T) **6.30** Jane McDonald: My Yorkshire (T) (R)

7.30 **Ant & Dec's 30 Greatest Moments** (R) A countdown of clips celebrating the double act's 30-year on-screen friendship.
9.25 **Queens of Mystery** (T) With Beth a suspect after another killing, Mattie races to solve the case and clear her aunt's name. Comedy crime drama, starring Olivia Vinall.

10.25 **Most Shocking 80s Moments** (T) Celebrity scandals that defined the decade.
12.20 **Greatest Ever Celebrity Wind Ups** (T) (R) **1.20** The Live Casino Show (T) **3.25** 1995: Britain's Biggest Hits (T) (R) **4.30** Police Interceptors (T) (R) **5.15** House Doctor (T) (R) **5.40** Peppa Pig (T) (R) **5.45** Thomas & Friends (T) (R)

BBC Four

7.0 **The Normans** (T) (R) Professor Robert Bartlett explores the expansion and unchecked ambition of the Norman empire.

8.0 **Arctic With Bruce Parry** (T) (R) The explorer travels to the far north of Canada, where native traditions have been affected by the search for oil.
9.0 **Hidden** (T) New series. Cadi has a job interview in Liverpool but on her return to Wales is called to the discovery of a farmer's body.

10.0 FILM **Burning** (Chang-dong Lee, 2018) A writer gets caught up in an old schoolmate's life. Drama, starring Ah-in Yoo, Jong-seo Jun and Steven Yeun.
12.20 **Wogan: The Best Of** (T) (R) **1.05** Yes, Prime Minister (T) (R) **1.35** Keeping Up Appearances (T) (R) **2.05** Arctic With Bruce Parry (R)

Other channels

BBC Three
7.0pm Zen Motoring **7.15** EastEnders **7.40** EastEnders **8.05** Gossip Girl **8.45** Gossip Girl **9.25** Gassed Up **10.10** Obsessed With: Killing Eve **10.40** Mood **11.30** Roman Kemp: Our Silent Emergency **12.30** Computer Says No **1.20** Gassed Up **2.05** The Fast and the Farmer-ish **2.35** The Fast and the Farmer-ish **3.05** Rowing Home With Jordan North **3.35** Zen Motoring

Dave
6.0am Teleshopping **7.10** Sin City Motors **8.0** Storage Hunters UK **8.30** Rick Stein's Secret France **9.30** Rick Stein's French Odyssey **10.0** Top Gear **11.0** American Pickers **12.0** Storage Hunters UK **12.30** Storage Hunters UK **1.0** Top Gear **3.0** Red Bull Soapbox: Mumbai **4.0** Top Gear **5.0** Top Gear **6.0** Would I Lie to You? **6.40** Would I Lie to You? **7.20** Would I Lie to You? **8.0** Not Going Out **8.40** Not Going Out **9.20** Not Going Out **10.0** Mel Giedroyc: Unforgivable **11.0** QI XL **12.0** Have I Got a Bit More News for You **1.0** Jon Richardson: Ultimate Worrier **2.0** Not Going Out **2.30** Famalam **3.05** This Country

E4
6.0am How I Met Your Mother **6.25** Lego Masters USA **7.20** Don't Tell the Bride **8.20** Don't Tell the Bride **9.25** Married at First Sight Australia **11.0** Married at First Sight Australia **12.30** Ramsay's Kitchen Nightmares USA **1.25** Ramsay's Kitchen Nightmares USA **2.25** Ramsay's 24 Hours to Hell and Back **3.25** The Big Bang Theory **3.55** The Big Bang Theory **4.25** The Big Bang Theory **4.55** The Big Bang Theory **5.25** The Big Bang Theory **5.50** The Big Bang Theory **6.20** The Big Bang Theory **6.50** FILM Crocodile Dundee II (1988) **9.0** Celebrity Gogglebox **10.0** Gogglebox **11.05** Gogglebox **12.10** First Dates **1.15** First Dates **2.20** Celebrity Gogglebox **3.15** Gogglebox **4.10** Don't Tell the Bride **5.0** Don't Tell the Bride

Film4
11.0am FILM The Book of Life (2014) Animated adventure, with the voice of Diego Luna. **12.55** FILM Flushed Away (2006) Animated comedy, featuring the voice of Hugh Jackman. **2.40** FILM Night at the Museum: Battle of the Smithsonian (2009) Fantasy comedy sequel, starring Ben Stiller. **4.50** FILM The Devil Wears Prada (2006) Comedy-drama, starring Meryl Streep. **7.05** FILM Fantastic Four (2015) Superhero adventure, starring Miles Teller. **9.0** FILM Taken 3 (2014) Action thriller sequel, starring Liam Neeson. **11.15** FILM Bram Stoker's Dracula (1992) Francis Ford Coppola horror, starring Gary Oldman. **1.50** FILM **Climax** (2018) Psychological horror, starring Sofia Boutella.

ITV2
6.0am Totally Bonkers Guinness World Records **6.25** Coronation Street Omnibus **9.0** Love Bites **11.0** Dress to Impress **1.0** You've Been Framed! Gold **2.05** FILM The Sisterhood of the Traveling Pants (2005) **4.25** FILM Marley & Me (2008) **6.45** FILM The Proposal (2009) **9.0** FILM Pitch Perfect (2012) **11.10** Family Guy **112.10** American Dad! **12.35** American Dad! **1.05** Plebs **1.35** Plebs **2.05** Don't Hate the Playaz **2.50** CelebAbility **3.30** Teleshopping

Sky Max
6.0am Stop, Search, Seize **8.0** The Flash **11.0** A League of Their Own **12.0** A League of Their Own **1.0** A League of Their Own **2.0** Hawaii Five-0 **3.0** Hawaii Five-0 **4.0** Hawaii Five-0 **5.0** Hawaii Five-0 **6.0** The Flight Attendant **7.0** Agatha Raisin **8.0** Agatha Raisin **9.0** Harlan Coben's The Five **10.0** Harlan Coben's The Five **11.0** Strike Back: Retribution **12.0** Rob & Romesh vs Team GB: Part 2 **1.0** Resident Alien **2.0** Dating No Filter **2.30** Arrow **3.30** Arrow **4.30** Road Wars **5.0** Sun, Sea and A&E

Sky Arts
6.0am Arts Uncovered **6.20** Verdi: Stiffelio **8.30** Tales of the Unexpected **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Tales of the Unexpected **10.30** Tales of the Unexpected **11.0** The Directors **12.0** Celebrity Portrait Artist of the Year **1.0** Celebrity Portrait Artist of the Year **2.0** Classic Albums **3.0** The Art of Drumming **4.20** The Art of Drumming **5.40** Robert Plant & the Sensational Space Shifters: Austin City Limits **7.0** The Who: Tommy Live at the Royal Albert Hall **8.30** Classic Albums **9.30** The Story of the Jam: About the Young Idea **11.15** Long Hot Summers: The Story of the Style Council **12.45** Metallica: S&M2 **2.45** Pearl Jam: Austin City Limits **4.0** Brian Johnson's A Life on the Road **5.0** The Great Songwriters

Bram Stoker's Dracula, Film4

Sky Atlantic
6.0am Richard E Grant's Hotel Secrets **10.0** Six Feet Under **6.50** Britannia **7.55** Britannia **9.0** Game of Thrones **10.05** Game of Thrones **11.10** Game of Thrones **12.15** Game of Thrones **1.20** Game of Thrones **2.25** In Treatment **3.0** In Treatment **3.30** In Treatment **4.0** Richard E Grant's Hotel Secrets **5.0** Richard E Grant's Hotel Secrets

Radio

Radio 3
7.0am Breakfast **9.0** Record Review. William Mival chooses his favourite recording of Bruckner's Ninth Symphony. **11.45** Music Matters. Sara Mohr-Pietsch reappraises Benjamin Britten's Peter Grimes. **12.30** This Classical Life. Jess Gillam chats to violinist Esther Abrami. **1.0** Inside Music. Violinist Cathy Thompson chooses a selection of pieces. **3.0** Sound of Cinema. Matthew Sweet ponders the relationship between cinema and cats. **4.0** Music Planet. Kathryn Tickell presents a session from singer Nani Noam Vazana. **5.0** J to Z. Julian Joseph presents live music by Swedish bassist Lars Danielsson. **6.30** Opera on 3 from the Met. Handel's Rodelinda, conducted by Harry Bicket, featuring Elza van den Heever, Sasha Cooke, Iestyn Davies, Anthony Roth Costanzo, Paul Appleby and Adam Plachetka. **10.0** New Music Show. A concert at the Fire Station in Sunderland, featuring Contrazontal, Alison Cotton, Graeme Hopper, David de la Haye and Me Lost Me. **12.0** Freeness. Highlights from a night of improvisation at GIOfest in Glasgow. (R) **1.0** Through the Night

Radio 4
6.0am News and Papers **6.07** Ramblings. Clare Balding walks through Dulwich Woods with Floella Benjamin. (R) **6.30** Farming Today This Week **6.57** Weather **7.0** Today **8.31** (LW) Yesterday in Parliament **9.0** Saturday Live **10.30** My Dream Dinner Party. Singer-songwriter Sophie Ellis-Bextor imagines a dinner party with her long-time heroes. (2/3) **11.0** The Week in Westminster **11.30** From Our Own Correspondent **12.0** News **12.01** (LW) Shipping Forecast **12.04** Money Box **12.30** The Now Show (R) **12.57** Weather **1.0** News **1.10** Any Questions? (R) **2.0** Any Answers? **2.45** **I Must Have Loved You** Drama, written by Michael Chaplin and featuring the songs of Sting. As she walks the banks of the Tyne, aspiring musician Jess knows she cannot leave the place - but how can she possibly stay? **4.15** Weekend Woman's Hour **5.0** Saturday PM **5.30** The Bottom Line (R) **5.54** Shipping Forecast **5.57** Weather **6.0** News **6.15** Loose Ends. Clive Anderson and Arthur Smith are joined by Barry Humphries, Andy Hamilton and Laura Neal. With music from Pictish Trail and Nilüfer Yanya. **7.0** Profile **7.15** This Cultural Life. Succession star Brian Cox talks about the formative influences on his career. **8.0** Archive on 4: Lines of Duty. The whistleblower who risked life and liberty to save Britain's railways. **9.0** Riot Girls: Katy. By Ella Hickson. In 2015, student Katy is determined to change the conversation about sexual consent. Starring Lorna Nickson and Sarah Smart. (R) **9.45** Border Crossing. Stories by Mahmoud Al Hussein and Sara Maitland. (R) **10.0** News **10.15** The Moral Maze (R) **11.0** Counterpoint (R) **11.30** Belief in Poetry. Pádraig Ó Tuama considers poet John Donne's relationship with belief and religion. (R) **12.0** News and Weather **12.15** Tom Mayhew Is Benefit Scum: Scroungers (R) **12.30** A Pocketful of Rye (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Bells on Sunday **5.45** Profile (R)

Radio 4 Extra
6.0am The Salamander Chest **7.30** Great Lives **8.0** Booked (5/6) **8.30** All the Young Dudes (6/6) **9.0** Hackers and Humphreys All **12.0** Ayres on the Air (1/4) **12.30** Elephants to Catch Eels (1/6) **1.0** A Tribute to Robert Robinson **1.50** David Attenborough's Life Stories **2.0** The Harpoon (1/4) **2.30** My Teenage Diary (6/6) **3.0** Dan and Nick: The Wildebeest Years (1/7) **3.30** In and Out of the Kitchen (6/6) **4.0** The Salamander Chest **5.30** Great Lives **6.0** The Prisoner (5/5) **7.0** Hackers and Humphreys All **10.0** Comedy Club: Little Lifetimes. Patsy's secret may not stay hidden for good. (6/6) **10.15** Earls of the Court (6/6) **10.30** Chain Reaction (4/6) **10.55** The Comedy Club Interview **11.0** The Simon Day Show (3/6) **11.30** Hut 33 (5/6) **12.0** The Prisoner (5/5) **1.0** A Tribute to Robert Robinson **1.50** David Attenborough's Life Stories **2.0** The Harpoon (1/4) **2.30** My Teenage Diary (6/6) **3.0** Dan and Nick: The Wildebeest Years (1/7) **3.30** In and Out of the Kitchen (6/6) **4.0** The Salamander Chest **5.30** Great Lives

Sunday

Peaky Blinders, BBC One

BBC One

6.0 **Breakfast** (T) **8.25** Match of the Day (R) **9.0** Sunday Morning (T) **10.0** Politics England **10.30** Live Athletics: World Indoor Championships (T) **12.0** Comic Relief (T) **1.0** News (T) **1.10** Weather (T) **1.15** Songs of Praise (T) **1.50** Dodger (T) (R) **2.35** MOTD Live: The FA Cup (T) Southampton v Manchester City (kick-off 3pm). **5.05** Attenborough's Life in Colour (T) (R) **6.05** News (T) **6.20** Regional News (T) **6.25** Weather (T) **6.30** Extraordinary Portraits (T) **7.0** Countryfile (T)

8.0 **Dynasties II** (T) New series. A mother puma in Patagonia must battle rivals and tackle prey three times her size.

9.0 **Peaky Blinders** (T) Tommy establishes a connection between crime and political power that could alter the course of history, and receives life-changing news from an unexpected source.

10.0 **News** (T)
10.20 **Regional News** (T) Weather
10.30 **Match of the Day 2** (T) Spurs v West Ham and Leicester v Brentford.
11.05 **Match of the Day: The FA Cup** (T) Highlights of the sixth-round ties.
11.40 **The Apprentice** (T) (R)
12.40 **Weather for the Week Ahead** (T) **12.45** News (T)

BBC Two

6.10 **Gardeners' World** (T) (R) **7.10** Countryfile (T) (R) **8.05** Being Hindu (T) (R) **8.45** Live Athletics: World Indoor Championships (T) **10.30** Saturday Kitchen Best Bites (T) **12.0** Great British Menu (T) (R) **1.0** FILM Clash of the Titans (Desmond Davis, 1981) (T) **2.55** Flog It! (T) (R) **3.30** Live Athletics: World Indoor Championships (T) **7.05** Six Nations: Rugby Special (T)

8.0 **The Speedshop** (T) New series. Custom bike-builder Titch Cormack and his team take on a range of mechanical challenges.

9.0 **The Misadventures of Romesh Ranganathan** (T) The comedian visits Romania, meeting political activist and media expert Angela-Mihaela Serban.

10.0 FILM **A Million Little Pieces** (Sam Taylor-Johnson, 2018) (T) A drug-addicted young man faces his past. Drama, starring Aaron Taylor-Johnson and Odessa Young.
11.55 **What We Do in the Shadows** (T) (R) Vampire comedy.
1.40 **Question Time** (T) (R) **2.40** Holby City (T) (R) **3.20** This Is BBC Two (T)

ITV

6.0 **CITV 7.0** News (T) **9.30** Love Your Weekend With Alan Titchmarsh (T) **11.30** News and Weather (T) **11.44** Local News and Weather (T) **11.45** Live FA Cup Football (T) Crystal Palace v Everton (kick-off 12.30pm). **2.45** You've Been Framed! (T) (R) **3.15** Tipping Point: Lucky Stars (T) (R) **4.15** The Chase Celebrity Special (T) (R) **5.15** Live FA Cup Football (T) Nottingham Forest v Liverpool (kick-off 6pm).

8.15 **News** (T) Weather
9.0 **The Ipcress File** (T) In Beirut, Randall holds Professor Dawson while awaiting his paymasters' instructions. Jean and Harry are reeling from the messy end of personal relationships. General Cathcart asks CIA contact Maddox to begin a surveillance operation.

10.0 **News** (T) Weather
10.19 **Local News** (T) Weather
10.20 **Ukraine: Voices from the Frontline** (T)
11.05 **Joanna Lumley's Great Cities of the World** (T) (R)
12.05 **Holding** (T) (R) **1.0** Shop: Ideal World **3.0** Don't Rock the Boat (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.10 **Mike & Molly** (T) (R)**6.50** The King of Queens (T) (R) **8.0** The Simpsons (T) (R) **9.30** Sunday Brunch (T) (R) **1.35** FILM Stuart Little (Rob Minkoff, 1999) (T) **3.15** FILM The Chronicles of Narnia: The Voyage of the Dawn Treader (Michael Apted, 2010) (T) **5.30** News (T) **6.0** One and Six Zeros (T) **7.0** George Clarke's Amazing Spaces (T)

7.30 **Formula 1 Bahrain Grand Prix Highlights** (T) Action from the opening round of the season, which took place at the Bahrain International Circuit in Sakhir. Lewis Hamilton of Mercedes was victorious here last season, with Red Bull's Max Verstappen coming second.

10.0 FILM **Glass** (M Night Shyamalan, 2019) (T) Fantasy thriller, starring James McAvoy, Bruce Willis and Samuel L Jackson.
12.35 **Gogglebox** (T) (R) **1.30** Ramsay's Hotel Hell (T) (R) **2.20** Come Dine With Me (T) (R) **4.30** Location, Location, Location (T) (R) **5.25** Bidding Wars (T) (R)

Channel 5

6.0 **Milkshake! 10.0** SpongeBob SquarePants (T) (R) **10.30** Friends (T) (R) **1.05** A Country Life for Half the Price With Kate Humble (T) (R) **2.05** FILM Steel Magnolias (Herbert Ross, 1989) (T) **4.30** FILM Little Voice (Mark Herman, 1998) (T) **6.25** News (T) **6.30** When Luxury Cruising Goes Wrong (T)

8.0 **Happy Campers: The Caravan Park** (T) New series. Return of the documentary following life at two West Country holiday camps.

9.0 **Jane McDonald: My Yorkshire** (T) Jane pays a visit to Hawes, the pretty market town of Upper Wensleydale in the Yorkshire Dales. Last in the series.

10.0 **Airline Food: How Do They Do It?** (T) (R)
11.25 **When TV Double Acts Fall Out** (T) (R)
12.55 **Entertainment News** (T) **1.0** The Live Casino Show (T) **3.05** The Queen's Guards: A Year in Service (T) (R) **3.55** Get Your Tatts Out: Kavos Ink (T) (R) **4.40** Wildlife SOS (T) (R) **5.05** House Doctor (T)

BBC Four

7.0 **James Galway at the BBC** (T) (R) The flautist reflects on his television career.

8.0 **John Williams Film Prom** (T) (R) A concert from the 2017 Proms to mark the 85th birthday of the film composer from London's Royal Albert Hall, including excerpts from Star Wars, Harry Potter, ET and Indiana Jones as well as lesser-known gems from Williams's back catalogue.

10.0 **Skint: I'd Like to Speak to the Manager** (T) New series. Monologues by writers with experience of poverty.
10.15 **Skint: No Grasses, No Nonces**
10.30 **Skint: Hannah** (T)
10.45 **Skint: Regeneration** (T)
11.05 **The Sound of TV** (T) (R)
1.05 **The Beauty of Diagrams** (T) (R) **1.35** James Galway at the BBC (T) (R)

Other channels

BBC Three

7.0pm EastEnders **7.30** EastEnders **8.0** The Drop **9.0** FILM A Star Is Born (2018) **11.05** Glow Up Does Red Nose Day **12.05** Starstruck **12.25** The Drop **1.25** The Fast and the Farmer-ish **1.55** The Fast and the Farmer-ish **2.25** Rowing Home With Jordan North **2.55** Zen Motoring **3.10** Gassed Up

Dave

7.10 Sin City Motors **8.0** American Pickers **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Expedition With Steve Backshall **11.0** Top Gear **12.0** American Pickers **1.0** Special Ops: Crime Squad UK **2.0** Border Force: America's Gatekeepers **3.0** Top Gear **4.0** Would I Lie to You? **4.40** Would I Lie to You? **5.20** Would I Lie to You? **6.0** Top Gear **7.0** Border Force: America's Gatekeepers **8.0** QI XL **9.0** Have I Got a Bit More News for You **10.0** Outsiders **11.0** QI XL **12.0** Alan Davies: As Yet Untitled **1.0** Live at the Apollo **2.0** Live at the Apollo **3.0** Insert Name Here: Christmas Special **3.30** Insert Name Here

E4

6.0am Hollyoaks Omnibus **8.30** Rude(ish) Tube Shorts **8.40** Married at First Sight Australia **10.15** Married at First Sight Australia **11.50** The Real Dirty Dancing **12.50** The Real Dirty Dancing: The Final **2.05** Teen First Dates **3.05** The Big Bang Theory **3.35** The Big Bang Theory **4.05** The Big Bang Theory **4.35** The Big Bang Theory **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** Lego Masters USA **7.0** FILM The Day the Earth Stood Still (2008) **9.0** FILM Jack Reacher: Never Go Back (2016) **11.20** Gogglebox **12.25** Naked Attraction **1.30** Naked Attraction **2.35** Below Deck: Mediterranean **3.25** Hollyoaks Omnibus

Film4

11.0am FILM How to Train Your Dragon (2010) Animated fantasy, with the voice of Jay Baruchel. **12.55** FILM Entrapment (1999) Crime thriller, starring Sean Connery and Catherine Zeta-Jones. **3.10** FILM Transformers: Revenge of the Fallen (2009) Sci-fi adventure sequel, starring Shia LaBeouf. **6.0** FILM Exodus: Gods and Kings (2014) Biblical epic, starring Christian Bale. **9.0** FILM Rocketman (2019) Elton John biopic, starring Taron Egerton. **11.20** FILM Disturbia (2007) Thriller, starring Shia LaBeouf. **1.25** FILM #Horror (2015) Crime horror, starring Emma Adler.

ITV2

6.0am Totally Bonkers Guinness World Records **6.25** Love Bites **7.30** Love Bites **8.25** Dress to Impress **10.20** Dress to Impress **11.25** Celebrity Supermarket Sweep **12.25** Catchphrase Celebrity Special **1.30** You've Been Framed! Gold **2.0** FILM Step Up (2006) **4.05** FILM Legally Blonde 2: Red, White and Blonde (2003) **5.55** FILM Superman Returns (2006) **9.0** Family Guy **9.30** Family Guy **10.0** Family Guy **10.30** Family Guy **11.0** Family Guy **11.30** American Dad! **12.30** The Stand Up Sketch Show **1.0** Shopping With Keith Lemon **1.30** Don't Hate the Playaz **2.15** Iain Stirling's CelebAbility **3.0** Totally Bonkers Guinness World Records

Sky Max

6.0am Hour of Power **7.0** Stop, Search, Seize **8.0** Highway Cops **8.30** Arrow **9.30** Arrow **10.30** Arrow **11.30** Magnum PI **12.30** NCIS: New Orleans **1.30** NCIS: New Orleans **2.30** NCIS: New Orleans **3.30** NCIS: New Orleans **4.30** Dating No Filter **5.0** A League of Their Own **6.0** A League of Their Own **7.0** A League of Their Own **8.0** Resident Alien **9.0** Magnum PI **10.0** NCIS: New Orleans **11.0** SEAL Team **12.0** Brassic **1.0** Brassic **2.0** The Blacklist **3.0** The Blacklist **4.0** Highway Cops **4.30** Highway Cops **5.0** Highway Cops **5.30** Highway Cops

Sky Arts

6.0am Beethoven's Fidelio By Christoph Waltz **8.30** Tales of the Unexpected **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Tales of the Unexpected **10.30** Tales of the Unexpected **11.0** Discovering: The Mamas & the Papas **11.30** André Rieu: Welcome to My World **12.30** André Rieu: Welcome to My World **1.30** The Big Design Challenge **3.0** FILM Hue and Cry (1947) **4.40** FILM Audrey (2020) **6.30** Video Killed the Radio Star **7.0** Queen: Live at Wembley **8.15** Discovering: Queen **9.15** FILM Freddie Mercury: The Untold Story (2000) **10.30** Marvin Gaye: What's Going On **11.45** Video Killed the Radio Star **12.10** Carole King: Welcome to My Living Room **2.30** Troubadours: The Rise of the Singer-Songwriter **4.10** The Sixties **5.0** The Great Songwriters

Legally Blonde 2, ITV2

Sky Atlantic

6.0am The British **10.0** Six Feet Under **5.55** Britannia **7.0** Funeral for a Dog **8.0** Funeral for a Dog **9.0** The Gilded Age **10.05** Billions **11.10** My Brilliant Friend **12.20** Succession **1.30** In Treatment **2.0** In Treatment **2.30** In Treatment **3.0** Billions **4.05** Storm City **5.0** Storm City

Radio

Radio 3

7.0am Breakfast **9.0** Sunday Morning **12.0** Private Passions. With photographer Misan Harriman. **1.0** Lunchtime Concert. Pianist Ingrid Fliter plays sonatas by Haydn and Scarlatti and Schumann's Études Symphoniques. (R) **2.0** The Early Music Show (R) **3.0** Choral Evensong (R) **4.0** Jazz Record Requests **5.0** The Listening Service. Tom Service examines the film music of John Williams. **5.30** Words and Music. A journey into the realms of Norse gods and mythology. **6.45** Between the Ears. The music listened to by Emperor Haile Selassie I in exile. **7.15** Forbidden Fruit. Islam Issa explains why the forbidden fruit in the Garden of Eden is not an apple. **7.30** Drama on 3: Middlemarch Monologues. A dramatic reimagining of characters from George Eliot's classic novel as 21st-century voices, featuring Meera Syal, Henry Lloyd-Hughes, Ashley Gerlach and Sinead Matthews. **9.30** Record Review Extra **11.0** The Electronic Century With Gabriel Prokofiev (R) **12.0** Classical Fix **12.30** Through the Night

Radio 4

6.0am News **6.05** Something Understood (R) **6.35** Natural Histories (R) **6.57** Weather **7.0** News **7.0** Sunday Papers **7.10** Sunday **7.54** Appeal **7.57** Weather **8.0** News **8.0** Sunday Papers **8.10** Sunday Worship **8.48** A Point of View (R) **8.58** Tweet of the Day (R) **9.0** Broadcasting House **10.0** The Archers (R) **11.0** Desert Island Discs. With actor Alan Cumming. **11.45** Letter from Ukraine: Andrey Kurkov (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Just a Minute (R) **12.32** The Food Programme. Sheila Dillon discusses the true cost of food production. **12.57** Weather **1.0** The World This Weekend **1.30** The Archbishop Interviews. Justin Welby talks to the chief executive of Citizen's Advice, Clare Moriarty. (5/6) **2.0** Gardeners' Question Time (R) **2.45** 1922: The Birth of Now (R) **3.0** **Some Kind of Black** By Diran Adebayo. When Dele graduates from Oxford, the real world bites him harder than he could have imagined. Starring Kenneth Omole. (1/2) **4.0** Open Book **4.30** Cold As a Mountain Top. Robert Macfarlane explores WH Murray's book Mountaineering in Scotland. **5.0** File on 4 (R) **5.40** Profile (R) **5.54** Shipping Forecast **5.57** Weather **6.0** News **6.15** Pick of the Week **7.0** The Archers **7.15** George Fouracres: Black Country Gentlemon. Standup special. (R) **7.45** Still Life in the Old Dog. By Thomas Lynch. (R) **8.0** Feedback (R) **8.30** Last Word (R) **9.0** Money Box (R) **9.25** Appeal (R) **9.30** Analysis (R) **9.59** Weather **10.0** The Westminster Hour **11.0** The Curious Cases of Rutherford & Fry (R) **11.30** Something Understood (R) **12.0** News **12.15** Wireless Nights: Full Moon (R) **12.45** Bells on Sunday (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day (R)

Radio 4 Extra

6.0am Sound Omnibus **7.10** Inheritance Tracks **7.20** A Monkey With a Box of Paints Omnibus **8.30** Doctor in the House (6/13) **9.0** All Gas and Gaiters **9.30** Boswell's Lives (4/4) **10.0** Desert Island Discs **10.45** The Curious Cases of Rutherford & Fry (6/6) **11.0** The Moth Radio Hour (4/8) **11.50** Inheritance Tracks **12.0** Poetry Extra **12.30** HR (4/6) **1.0** The Growing Pains of Adrian Mole Omnibus **2.10** Inheritance Tracks **2.20** A Small Town Murder Omnibus **3.30** A Sound British Adventure **4.0** The Perfume of the Lady in Black **5.0** Poetry Extra **5.30** HR (4/6) **6.0** Ghosts from the Past (1/4) **6.45** LP Hartley: Short Stories (1/5) **7.0** The Moth Radio Hour (4/8) **7.50** Inheritance Tracks **8.0** The Perfume of the Lady in Black **9.0** Desert Island Discs **9.45** The Curious Cases of Rutherford & Fry (6/6) **10.0** HR (4/6) **10.30** Delve Special (3/4) **10.55** The Comedy Club Interview **11.0** Edge Falls (1/6) **11.30** Dan and Nick: The Wildebeest Years (2/7) **12.0** Ghosts from the Past (1/4) **12.45** LP Hartley: Short Stories (1/5) **1.0** The Growing Pains of Adrian Mole Omnibus **2.10** Inheritance Tracks **2.20** A Small Town Murder Omnibus **3.30** A Sound British Adventure **4.0** The Perfume of the Lady in Black **5.0** Poetry Extra **5.30** HR (4/6)

Monday

Then Barbara Met Alan, BBC Two

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) (R) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) **1.0** News and Weather (T) **1.30** Regional News (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) **3.45** The Repair Shop (T) **4.30** Bridge of Lies (T) **5.15** Pointless (T) **6.0** News and Weather (T) **6.30** Regional News (T) **7.0** The One Show (T) **7.30** EastEnders (T)

8.0 **The Bidding Room** (T) New series. Nigel Havers hosts as dealers battle to buy items brought in by the general public, including an anatomical spider and a signed Live Aid T-shirt.
8.30 **We Are England** (T) Regional current affairs reports.
9.0 **Panorama** (T) In-depth current affairs report.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 **The Apprentice** (T) A look back at the contestants from the 16th series who fell before the final hurdle.
11.35 **Interior Design Masters With Alan Carr** (T) (R)
12.35 **Killing Eve** (T) (R) **1.20** Weather for the Week Ahead (T) **1.25** BBC News (T)

BBC Two

6.30 **Bargain Hunt** (T) (R) **7.15** The Repair Shop (T) (R) **8.0** Great Coastal Railway Journeys (T) (R) **8.30** Inside Culture With Mary Beard (T) (R) **9.0** News (T) **10.0** News (T) **12.15** Politics Live (T) **1.0** Ready Steady Cook (T) (R) **1.45** Eggheads (T) (R) **2.15** Street Auction (T) (R) **3.0** The Heights (T) (R) **3.30** The Customer Is Always Right (T) (R) **4.15** Gorilla Family and Me (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Lightning (T) **7.0** Doctors (T) (R) **7.30** Rick Stein's Cornwall (T) (R)

8.0 **Mastermind** (T) The fourth semi-final of the quiz.
8.30 **University Challenge** (T) The semi-finals begin.
9.0 **Then Barbara Met Alan** (T) Drama telling the story of Barbara Lisicki and Alan Holdsworth, two cabaret performers who became the driving force behind the 1995 Disability Discrimination Act.

10.10 **Don Rodolfo** (T) (R) Comedy short, starring Ciarán Dowd.
10.25 **Harry Hill's Lonely Island** (T)
10.30 **Newsnight** (T) Weather
11.15 **Silenced: The Hidden Story of Disabled Britain** (T) (R)
12.15 FILM **The Elephant Man** (David Lynch, 1980) (T) **2.15** Countryfile (T) (R) **3.10** Katie Price: What Harvey Did Next (R) **4.10** This Is BBC Two (T)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) (R) **5.0** The Chase (T) (R) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 **Coronation Street** (T) Lydia's bombshell brings Adam crashing down to earth.
9.0 **Holding** (T) A key suspect vanishes, casting an ominous shadow over the investigation, and questions quickly begin to circulate about whether the disappearance has a more sinister implication.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 **The Speedboat Killer: The Killing of Charlotte Brown** (T) (R) Documentary examining a possible murder.
11.45 **All Elite Wrestling: Dynamite**
1.25 **Shop: Ideal World 3.0** Loose Women (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.05 **Countdown** (T) (R) **6.45** Cheers (T) (R) **7.40** Everybody Loves Raymond (T) (R) **9.05** Frasier (T) (R) **10.35** Ramsay's Kitchen Nightmares USA (T) (R) **11.30** News (T) **11.35** Undercover Boss USA (T) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun (T) (R) **5.0** Four in a Bed (T) **5.30** Fame in the Family (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T)

8.0 **24 Hours in A&E** (T) (R) A 15-year-old is rushed in after going over the handlebars of his bike.
9.0 **Killed By a Rich Kid** (T) Documentary examining the death of teenager Yousef Makki in the village of Hale Barns, Cheshire, the subsequent trial and the inquest into his death.

10.35 **999: On the Front Line** (R)
11.35 **First Dates** (T) (R)
12.35 **Ramsay's Hotel Hell** (T) (R) **1.25** The Great Cookbook Challenge With Jamie Oliver (T) (R) **2.20** Location, Location, Location (T) (R) **3.15** Ugly House to Lovely House With George Clarke (T) (R) **4.10** Grand Designs (T) (R) **5.05** Moneybags (T) (R)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** George Clarke's Build a New Life in the Country (T) (R) **1.10** News (T) **1.15** Home and Away (T) (R) **1.45** Neighbours (T) **2.15** FILM Secrets & Lies (Monika Mitchell, 2019) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** Police Interceptors (T) (R) **7.55** News (T)

8.0 **Traffic Cops** (T) The pursuit of a getaway driver ends with a full-scale search for a suspect. Includes news.
9.0 **Police: Night Shift 999** (T) A man refused entry to a nightclub takes exception when a specialist operations officer tries to send him on his way, pushing bouncers and police. Last in the series.

10.0 **Casualty 24/7: Every Second Counts** (T) (R)
11.05 **Ambulance: Code Red** (T) (R)
12.05 **Extraordinary People: Coma Boys** (T) (R) **1.0** The Live Casino Show (T) **3.05** George Clarke's Build a New Life in the Country (T) (R) **3.55** Get Your Tatts Out: Kavos Ink (T) (R) **4.45** Wildlife SOS (T) (R) **5.10** House Doctor (T) (R)

BBC Four

7.0 **Fred Dibnah's World of Steam, Steel and Stone** (T) (R) The steeplejack's fascination with mining. **7.30** Canal Boat Diaries (T) (R) Robbie Cumming battles his way through blanket weed on the Shropshire Union Canal.

8.0 **Britain's Lost Masterpieces** (T) (R) Bendor Grosvenor and Emma Dabiri examine a mysterious portrait of a 16th-century physician at Tatton Park in Cheshire.
9.0 **The Golden Age of Steam Railways** (T) (R) Part one of two. The story of those who rescued some of Britain's narrow gauge railways.

10.0 **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain** (T) (R)
11.0 **Imagine: Maya Angelou - And Still I Rise** (T) (R)
12.35 **Canal Boat Diaries** (R) **1.05** Fred Dibnah's World of Steam, Steel and Stone (R) **1.35** The Golden Age of Steam Railways (R) **2.35** Britain's Lost Masterpieces (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **8.10** The Catch Up **8.15** Freeze: On Thin Ice **9.0** The Drop **10.0** FILM Lady Bird (2017) **11.30** Glow Up Does Red Nose Day **12.30** The Drop **1.30** Freeze: On Thin Ice **2.15** The Fast and the Farmer-ish **2.45** The Fast and the Farmer-ish **3.15** Zen Motoring **3.30** My Mate's a Bad Date

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Top Gear **11.0** World's Most Dangerous Roads **12.0** Top Gear **1.0** Border Force: America's Gatekeepers **2.0** World's Most Dangerous Roads **3.0** Rick Stein: From Venice to Istanbul **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Secret France **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI **10.0** Have I Got a Bit More News for You **11.0** Mel Giedroyc: Unforgivable **12.0** Hypothetical **12.40** QI **1.20** Would I Lie to You? **2.0** Live at the Apollo **2.45** Insert Name Here **3.15** Insert Name Here **4.0** Teleshopping

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** The Big Bang Theory **9.30** The Big Bang Theory **10.0** The Big Bang Theory **10.30** The Big Bang Theory **11.0** Young Sheldon **11.30** Young Sheldon **12.0** Brooklyn Nine-Nine **12.30** Brooklyn Nine-Nine **1.0** The Big Bang Theory **3.0** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** World's Greatest Weddings **10.0** Naked Attraction **11.05** Gogglebox **12.10** Celebrity Gogglebox **1.15** Married at First Sight Australia **2.45** World's Greatest Weddings **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM Appointment With Danger (1950) **12.50** FILM Millions Like Us (1943) **2.55** FILM Blanche Fury (1948) **4.45** FILM The Tin Star (1957) **6.40** FILM Warcraft (2016) **9.0** FILM War of the Worlds (2005) **11.15** FILM Slaughterhouse Rulez (2018) **1.20** FILM The Riot Club (2014)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! And Fearless **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Uncaged! **6.0** Celebrity Catchphrase **7.0** Superstore **8.0** Bob's Burgers **9.0** Family Guy **10.0** The Stand Up Sketch Show **10.30** Family Guy **11.0** Family Guy **11.30** American Dad! **12.25** Bob's Burgers **1.25** Superstore **1.50** Superstore **2.20** Iain Stirling's CelebAbility **3.0** Totally Bonkers Guinness World Records **3.25** Unwind With ITV

Sky Max

6.0am Stargate SG-1 **7.0** Stargate SG-1 **8.0** Arrow **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **12.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **7.0** Stargate SG-1 **8.0** Freddie Fries Again **9.0** Agatha Raisin **10.0** Agatha Raisin **11.0** NCIS: New Orleans **12.0** Frayed **1.0** NCIS: New Orleans **2.0** Sun, Sea and A&E **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Highway Patrol **5.30** Highway Patrol

Sky Arts

6.0am Australian Ballet: The Sleeping Beauty **8.15** Battle of the Brass Bands **9.15** Tales of the Unexpected **9.45** Tales of the Unexpected **10.15** Discovering: Vincent Price **11.10** Music Icons: British Rhythm & Blues **11.35** Video Killed the Radio Star **12.0** The South Bank Show Originals **12.30** The South Bank Show Originals **1.0** Tales of the Unexpected **1.30** Tales of the Unexpected **2.0** Discovering: Judi Dench **3.0** David Hockney at the Royal Academy of Arts **4.0** The Sixties **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Bill Murray **7.0** André Rieu: Love in Venice **10.15** Discovering Dance on Film **11.45** Tate Britain's Great Art Walks **12.45** Cold War Steve Meets the Outside World **2.40** Natalia Osipova: The Mother **4.0** Why Do We Dance? **5.10** The Art of Architecture

Lady Bird, BBC Three

Sky Atlantic

6.0am Urban Secrets **7.0** Urban Secrets **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **11.15** The Sopranos **12.25** Game of Thrones **1.30** Babylon Berlin **2.30** Babylon Berlin **3.30** Ray Donovan **4.35** Ray Donovan **5.40** The Sopranos **6.50** The Sopranos **7.55** Game of Thrones **9.0** Billions **10.05** The Night Of **11.10** Gangs of London **12.20** Gomorrah **1.25** In Treatment **2.0** The Gilded Age **3.05** Get Shorty **4.10** Urban Secrets **5.0** Urban Secrets

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Richard Strauss (R) **1.0** Lunchtime Concert. Live from Wigmore Hall, soprano Louise Alder and pianist Joseph Middleton perform music by Amy Beach, Clara Schumann, Lili Boulanger and Alma Mahler. **2.0** Afternoon Concert. Herbert Blomstedt conducts the Bavarian Radio SO in Beethoven's "Eroica" Symphony. **4.30** New Generation Artists **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. Petr Popelka conducts the Prague Radio SO, violinist Josef Špaček and pianist Miroslav Sekera in Martinů's Concerto for Violin and Piano, Rihm's Ernster Gesang and Brahms's Symphony No 3 in F. **9.30** Northern Drift. With Jo Clement and the Manchester Collective. **10.0** Music Matters (R) **10.45** The Essay: The Sounds of Tyne (1/5) **11.0** Night Tracks **12.30** Through the Night

Radio 4

6.0am Today **9.0** Start the Week. Professor Richard Wyn Jones examines the issues facing Wales. (11/12) **9.45** (LW) Daily Service **9.45** (FM) Making History: The Storytellers Who Shaped the Past. By Richard Cohen. (6/10) **10.0** Woman's Hour **11.0** My Name Is Bex. A teacher who discovered some of her pupils didn't have beds. (4/4) **11.30** Loose Ends (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Passing. By Nella Larsen. (1/5) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** Past Forward: A Century of Sound. Changes in food consumption since the 1930s. (1/10) **2.0** The Archers (R) **2.15** Song of the Reed. Drama, by Steve Waters. (4/4) **3.0** Counterpoint (13/13) **3.30** The Food Programme (R) **4.0** Banding: Love, Spit and Valve Oil (R) **4.30** The Digital Human. Why people yearn for the next technological solution. (5/6) **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Just a Minute (5/6) **7.0** The Archers **7.15** Front Row **8.0** Pay Freezes: From the Crash to Today (3/3) **8.30** Analysis. A portrait of the men who advise and support the Russian president. (8/9) **9.0** The Anatomy of Kindness (R) **9.30** Start the Week (R) **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Passing (R) **11.0** You're Dead to Me (R) **11.30** Today in Parliament **12.0** News **12.30** Making History: The Storytellers Who Shaped the Past (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am The Joke About Hilary Spite (6/6) **6.30** Kipling in Love (1/8) **7.0** Daliso Chaponda: Citizen of Nowhere (1/4) **7.30** Just a Minute (4/6) **8.0** Lines from My Grandfather's Forehead (5/8) **8.30** Chambers (1/5) **9.0** Wordaholics (6/6) **9.30** Getting Nowhere Fast (1/6) **10.0** A Tale of Two Cities: Aleppo and London (1/3) **11.0** Ted Radio Hour (47/48) **11.50** Inheritance Tracks **12.0** Lines from My Grandfather's Forehead (5/8) **12.30** Chambers (1/5) **1.0** The Joke About Hilary Spite (6/6) **1.30** Kipling in Love (1/8) **2.0** Long Time No See (1/5) **2.15** Irene Nemirovsky: The Misunderstanding (1/5) **2.30** The Art of Re-Mastering **3.0** A Tale of Two Cities ... (1/3) **4.0** Wordaholics (6/6) **4.30** Getting Nowhere Fast (1/6) **5.0** Daliso Chaponda ... (1/4) **5.30** Just a Minute (4/6)

Tuesday

The Great Celebrity Bake Off, Channel 4

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) (R) **11.15** Homes Under the Hammer (T) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) **3.45** The Repair Shop (T) **4.30** Bridge of Lies (T) **5.15** Pointless (T) **6.0** News and Weather (T) **6.30** Regional News (T) **7.0** The One Show (T) **7.30** EastEnders (T) **7.55** Holby City (T)

8.40 **Clean It, Fix It** (T) (R) The team visit Bristol to help a busy house of nine young professionals.

9.10 **This Is Going to Hurt** (T) Adam is torn between telling the truth or keeping his job at the malpractice tribunal, and tries to reconnect with Harry by inviting him to the wedding. Last in the series.

10.0 **News** (T)

10.25 **Regional News** (T) Weather

10.35 **Cheaters** (T) Josh asks Nina for relationship advice.

10.45 **Cheaters** (T)

11.0 FILM **Pirates of the Caribbean: Salazar's Revenge** (Espen Sandberg, Joachim Rønning, 2017) (T) Fantasy adventure sequel.

1.0 **Weather** (T) **1.05** News (T)

BBC Two

6.30 **Bargain Hunt** (T) (R) **7.15** The Repair Shop (T) (R) **8.0** Antiques Roadshow (T) (R) **9.0** News (T) **12.15** Politics Live (T) **1.0** The Super League Show (T) (R) **1.45** Eggheads (T) (R) **2.15** Street Auction (T) (R) **3.0** The Heights (T) (R) **3.30** The Customer Is Always Right (T) (R) **4.15** Gorilla Family and Me (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Lightning (T) **7.0** Doctors (T) (R) **7.30** Rick Stein's Cornwall (T) (R)

8.0 **Great British Menu** (T) Chefs from Northern Ireland prepare their starters and fish courses on the theme of 100 years of British broadcasting.

9.0 **Rock Till We Drop** (T) Disaster strikes with just days to go until the Isle of Wight festival when Lady Leshurr's bassist is diagnosed with Covid-19. Last in the series.

10.0 **The Witchfinder** (T) Bannister has to plot a route through Dedham Vale.

10.30 **Newsnight** (T) Weather

11.15 FILM **Educating Rita** (Lewis Gilbert, 1983) (T) Comedy.

1.05 **Dragons' Den** (T) (R) **2.05** Rise of the Nazis: Dictators at War (T) (R) **3.05** Great Coastal Railway Journeys (T) (R) **3.35** This Is BBC Two (T)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) (R) **5.0** The Chase (T) (R) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 **Love Your Garden** (T) New series. Alan and team reveal how to bring beauty to a garden of any size.

9.0 **British Grandma on Death Row With Susanna Reid** (T) The presenter travels to Texas to meet grandmother Linda Carty, the only British woman on death row in the western world.

10.0 **News** (T) Weather

10.30 **Local News** (T) Weather

10.45 **The Speedboat Killer: The Killing of Charlotte Brown** (T) (R) Part two of two. How Jack went on the run.

11.50 **Kate & Koji** (T) (R)

12.15 **Shop: Ideal World 3.0** Loose Women (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.05 **Countdown** (T) (R) **6.45** Cheers (T) (R) **7.40** Everybody Loves Raymond (T) (R) **9.05** Frasier (T) (R) **10.35** Ramsay's Kitchen Nightmares USA (T) (R) **11.30** News (T) **11.35** Undercover Boss USA (T) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun (T) (R) **5.0** Four in a Bed (T) **5.30** Fame in the Family (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T)

8.0 **The Great Celebrity Bake Off for Stand Up to Cancer** (T) New series. Matt Lucas and Noel Fielding welcome Emma Willis, Clara Amfo, Alex Horne and Blake Harrison to the tent.

9.15 **The Simpler Life** (T) New series. Reality show in which 24 Britons spend six months on a Devon farm.

10.15 **Gogglebox** (T) (R)

11.15 **Gogglebox** (T) (R)

12.15 **Ramsay's Hotel Hell** (T) (R) **1.05** FILM Battle of the Sexes (Jonathan Dayton, Valerie Faris, 2017) (T) **3.10** Grayson's Art Club (T) (R) **4.05** George Clarke's Old House, New Home (T) (R) **5.0** Moneybags (T) (R) **5.55** Kirstie's House of Craft (R)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** George Clarke's Build a New Life in the Country (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM A Deadly Mother (Jeff Hare, 2020) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** Dream Kitchens & Bathrooms With Mark Millar (T) **7.55** News (T)

8.0 **Dogs Behaving (Very) Badly** (T) Graeme Hall meets a French bulldog that likes to hurl itself at buses.

9.0 **Ben Fogle: New Lives in the Wild** (T) Ben heads back to Morocco, where he first met Karen, an extraordinary artist who had turned her back on urban life to live in the middle of the desert.

10.0 **The Stonehenge Enigma: What Lies Beneath?** (T) (R)

11.35 FILM **Rambo: Last Blood** (Adrian Grunberg, 2019) (T)

1.10 **The Live Casino Show** (T) **3.10** George Clarke's Build a New Life in the Country (T) (R) **3.55** The Railways That Built Britain With Chris Tarrant (T) (R) **4.45** Wildlife SOS (T) (R)

BBC Four

7.0 **Fred Dibnah's World of Steam, Steel and Stone** (T) (R) The steeplejack's interest in industrial engineering. **7.30** Canal Boat Diaries (T) (R) Robbie Cumming gets stuck in the mud in Woodseaves Cutting.

8.0 **Keeping Up Appearances** (T) (R) Hyacinth takes delivery of a new suite.

8.30 **Yes, Prime Minister** (T) (R) Jim tries to improve the employment figures.

9.0 **Mysteries of the Bayeux Tapestry** (T) The mysteries of the 11th-century embroidery depicting the story of the Norman conquest.

10.0 **Battlefield Britain** (T) (R)

11.0 **Cat Tales: In from the Wild** (R)

12.0 **Twin Sisters: A World Apart** (T) (R) **1.0** Skint: I'd Like to Speak to the Manager (T) (R) **1.15** Skint: No Grasses, No Nonces (T) (R) **1.30** Canal Boat Diaries (T) (R) **2.0** Fred Dibnah's World of Steam, Steel and Stone (T) (R) **2.30** Ian Hislop's Stiff Upper Lip

Other channels

BBC Three

7.0pm MasterChef Australia **7.50** The Catch Up **7.55** Meet the Khans: Big in Bolton **8.25** Meet the Khans: Big in Bolton **8.55** Meet the Khans Relationship Quiz **9.0** Jesy Nelson: Odd One Out **10.0** Mood **10.45** Famalam **11.05** Famalam **11.30** Meet the Khans: Big in Bolton **12.0** Meet the Khans: Big in Bolton **12.25** The Drop **1.25** Jesy Nelson: Odd One Out **2.25** Mood **3.10** Famalam **3.30** Famalam

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Top Gear **11.0** World's Most Dangerous Roads **12.0** Red Bull Soapbox Race **1.0** Border Force: America's Gatekeepers **2.0** World's Most Dangerous Roads **3.0** Rick Stein's Secret France **4.0** Red Bull Soapbox Race 2016 **5.0** Rick Stein's Secret France **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI **10.0** Mel Giedroyc: Unforgivable **11.0** Meet the Richardsons **11.40** QI **12.20** Hypothetical **1.20** Would I Lie to You? **2.0** Mel Giedroyc: Unforgivable **2.45** The Misadventures of Romesh Ranganathan **4.0** Teleshopping

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **8.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **11.30** Young Sheldon **12.0** Brooklyn Nine-Nine **12.30** Brooklyn Nine-Nine **1.0** The Big Bang Theory **1.30** The Big Bang Theory **2.0** The Big Bang Theory **2.30** The Big Bang Theory **3.0** Young Sheldon **3.30** Young Sheldon **4.0** Brooklyn Nine-Nine **4.30** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** Celebrity Gogglebox **10.0** Naked Attraction **11.05** Naked Attraction **12.10** First Dates **1.15** Married at First Sight Australia **2.45** Celebrity Gogglebox **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM The Man Who Knew Too Much (1956) **1.25** FILM The Black Arrow (1948) **3.0** FILM The Admirable Crichton (1957) **4.50** FILM Run Silent, Run Deep (1958) **6.40** FILM Home Alone 2: Lost in New York (1992) **9.0** FILM xXx (2002) **11.35** FILM The First Purge (2018) **1.30** FILM Looking for Eric (2009)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Uncaged! **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! No Limits! **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Family Guy **9.30** Family Guy **10.0** Plebs **10.30** Plebs **11.0** Family Guy **11.30** American Dad! **11.55** American Dad! **12.25** Bob's Burgers **12.55** Bob's Burgers **1.25** Superstore **1.50** Superstore **2.20** Hey Tracey! **3.10** Unwind With ITV

Sky Max

6.0am Stargate SG-1 **8.0** Arrow **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **8.0** Football's Funniest Moments **10.0** **Peacemaker** **11.0** Resident Alien **12.0** Strike Back: Retribution **1.0** SEAL Team **2.0** The Blacklist **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Highway Patrol

Sky Arts

6.0am Colin Dunne: Sculpting Space **7.30** Discovering Dance on Film **9.0** Tales of the Unexpected **10.0** Discovering: Peter Finch **11.0** Music Icons: Pop Rock **11.30** Video Killed the Radio Star **12.0** World War II & Cinema **1.0** Tales of the Unexpected **2.0** Discovering: Bill Murray **3.0** Too Young to Die **4.0** Painting the Modern Garden: Monet to Matisse **5.0** Tales of the Unexpected **6.0** Discovering: Jean Simmons **7.0** Brunelleschi's Impossible Dome **8.0** I, Claude Monet **9.0** FILM My Rembrandt (2020) **10.55** FILM Audrey (2020) **12.45** Chaplin: The Birth of the Tramp **1.55** The Undiscovered Kenneth Williams **2.55** Andie MacDowell: Off Camera **4.10** A Play in a Day **5.10** The Art of Architecture

Audrey, Sky Arts

Sky Atlantic

6.0am Fish Town **7.0** Fish Town **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Babylon Berlin **3.30** Ray Donovan **5.40** The Sopranos **7.55** Game of Thrones **9.0** The Gilded Age **10.05** Raised By Wolves **11.10** Funeral for a Dog **1.20** Big Love **3.30** In Treatment **4.0** Fish Town **5.0** Fish Town

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Richard Strauss (R) **1.0** Lunchtime Concert. Violinist James Ehnes and pianist Andrew Armstrong perform Brahms and Schumann. (1/4) **2.0** Afternoon Concert. Ivan Fischer and the Bavarian Radio Symphony Orchestra play Beethoven's Fifth Symphony, plus music by Arthur Bliss and Augusta Holmes. **5.0** In Tune. With the Wihan Quartet. **7.0** In Tune Mixtape **7.30** In Concert. Owain Arwel Hughes conducts thhe BBC National Orchestra of Wales in Andrew Lewis's In Memory, Elgar's Serenade for String Orchestra Op 20, Fauré's Pavane Op 50, Handel's Water Music Suite and Brahms's Symphony No 2 in D Op 73. **10.0** Free Thinking **10.45** The Essay: The Sounds of Tyne. Sinead Morrissey reflects on the Swing Bridge. (2/5) **11.0** Night Track **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** The Life Scientific. With evolutionary biologist Ben Garrod. (5/6) **9.30** Witness: The First Panda in the West (R) **9.45** (LW) Daily Service **9.45** (FM) Making History: The Storytellers Who Shaped the Past. By Richard Cohen. (7/10) **10.0** Woman's Hour **11.0** Putin. Jonny Dymond tells the story of the Russian president's life. **11.30** China's Stolen Treasures. Noah Charney explores the market for Chinese antiquities in Europe and China. (2/3) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Passing. By Nella Larsen. (2/5) **12.18** Call You and Yours **12.57** Weather **1.0** The World at One **1.45** Past Forward: A Century of Sound (2/10) **2.0** The Archers (R) **2.15** Broken Colours. By Matthew Broughton. (5/5) **3.0** Short Cuts (6/7) **3.30** Costing the Earth **4.0** Law in Action (4/4) **4.30** A Good Read. Actor Joanna Scanlan and author Sabine Durrant talk books. (8/9) **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** The World of Simon Rich (3/4) **7.0** The Archers **7.15** Front Row **8.0** **Bad Apples** Cara McGoogan investigates allegations of bullying, sexual harassment and violence toward female police officers. **8.40** In Touch **9.0** Inside Health (11/11) **9.30** The Life Scientific (R) **9.59** Weather **10.0** The World Tonight **10.45** Passing (R) **11.0** Fortunately **11.30** Today in Parliament **12.0** News **12.30** Making History (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am A Charles Paris Mystery: Murder in the Title (1/4) **6.30** Kipling in Love (2/8) **7.0** Ayres on the Air (2/4) **7.30** The World of Simon Rich (2/4) **8.0** The Goon Show **8.30** King Street Junior (5/7) **9.0** The Now Show (2/6) **9.30** Elephants to Catch Eels (2/6) **10.0** A Tale of Two Cities: Aleppo and London (2/3) **11.0** PE: A History of Violence **12.0** The Goon Show **12.30** King Street Junior (5/7) **1.0** A Charles Paris Mystery: Murder in the Title (1/4) **1.30** Kipling in Love (2/8) **2.0** Long Time No See (2/5) **2.15** Irene Nemirovsky: The Misunderstanding (2/5) **2.30** The Secret History of Bagpipes **3.0** A Tale of Two Cities: Aleppo and London (2/3) **4.0** The 3rd Degree (3/6) **4.30** Elephants to Catch Eels (2/6) **5.0** Ayres on the Air (2/4) **5.30** The World of Simon Rich (2/4) **6.0** The Case of Charles Dexter Ward (12/18) **6.15** The First Men in the Moon (2/5) **6.30** Soul Music (4/5) **7.0** The Goon Show **7.30** King Street Junior (5/7) **8.0** A Charles Paris Mystery: Murder in the Title (1/4) **8.30** Kipling in Love (2/8) **9.0** PE: A History of Violence **10.0** The World of Simon Rich (2/4) **10.30** Mark Steel's in Town (6/6) **11.0** The Harpoon (2/4) **11.30** I've Never Seen Star Wars (6/6) **12.0** The Case of Charles Dexter Ward (12/18) **12.15** The First Men in the Moon (2/5) **12.30** Soul Music (4/5) **1.0** A Charles Paris Mystery ... (1/4) **1.30** Kipling in Love (2/8) **2.0** Long Time No See (2/5) **2.15** Irene Nemirovsky ... (2/5) **2.30** The Secret History of Bagpipes **3.0** A Tale of Two Cities ... (2/3) **4.0** The 3rd Degree (3/6) **4.30** Elephants to Catch Eels (2/6) **5.0** Ayres on the Air (2/4) **5.30** The World of Simon Rich (2/4)

Wednesday

MasterChef, BBC One

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) (R) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) (R) **3.45** The Repair Shop (T) **4.30** Bridge of Lies (T) **5.15** Pointless (T) **6.0** News and Weather (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** EastEnders (T)

8.0 **MasterChef** (T) New series. In the audition round, nine cooks serve up a signature dish to prove themselves worthy of a place.
9.0 **Interior Design Masters With Alan Carr** (T) The designers go back to school as they transform students' common rooms – and the weakest two will be eliminated this week.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 **Mood** (T) (R) Sasha visits her family and the studio.
11.20 **Extraordinary Portraits** (T) (R) An artist who specialises in pencil portraits draws a survivor of a bus crash.
11.50 **Comic Relief** (T) (R)
12.50 **Weather for the Week Ahead** (T) **12.55** News (T)

BBC Two

6.30 **Escape to the Country** (T) (R) **7.15** The Repair Shop (T) (R) **8.0** Gardeners' World (T) (R) **9.0** News (T) **11.15** Politics Live (T) **1.0** Ready Steady Cook (T) (R) **1.45** Eggheads (T) (R) **2.15** Street Auction (T) (R) **3.0** The Heights (T) (R) **3.30** The Customer Is Always Right (T) (R) **4.15** The Sweet Makers: A Tudor Treat (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Lightning (T) **7.0** Doctors (T) (R) **7.30** Rick Stein's Cornwall (T) (R)

8.0 **Your Body Uncovered With Kate Garraway** (T) Kate and Dr Guddi meet Tina, whose adventurous lifestyle has ground to a halt because of a spine problem.
9.0 **Great British Menu** (T) One chef takes inspiration from Game of Thrones, while another is paying homage to the Eurovision Song Contest.

10.0 **The Office** (T) (R) There are more changes in the pipeline.
10.30 **Newsnight** (T) Weather
11.15 **Unspun World With John Simpson** (T) News review.
11.40 **Rock Till We Drop** (T) (R)
12.40 **Extraordinary Portraits** (T) (R) **1.10** Stanley Tucci: Searching for Italy (T) (R) **1.55** Great Coastal Railway Journeys (T) (R)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) (R) **5.0** The Chase (T) (R) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 **Coronation Street** (T) Adam undergoes surgery.
9.0 **Kate & Koji** (T) Kate lets Koji run the cafe, and Medium wants feedback on his novel.
9.30 **Bradley & Barney Walsh: Breaking Dad** (T) (R) The duo continue their European adventure in Germany, where Brad tries to abseil down a building in Frankfurt.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 **Peston** (T) Political magazine show with Robert Peston.
11.40 **Heathrow: Britain's Busiest Airport** (T) (R) Demi plunges into his role of "passenger saviour".
12.05 **Shop: Ideal World 3.0** Bling (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.05 **Countdown** (T) (R) **6.45** Cheers (T) (R) **7.40** Everybody Loves Raymond (T) (R) **9.05** Frasier (T) (R) **10.35** Ramsay's Kitchen Nightmares USA (T) (R) **11.30** News (T) **11.35** Undercover Boss USA (T) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun (T) (R) **5.0** Four in a Bed (T) **5.30** Fame in the Family (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T)

8.0 **Kirstie and Phil's Love It Or List It** (T) (R) Gloria and Tom are battling over whether to stay put or move on from their Victorian semi.
9.0 **The Simpler Life** (T) There is increased pressure on the remaining volunteers, who have a farm to run and a barn to build. Hazel suggests a beer would lift their spirits.

10.0 **Naked Attraction** (T)
11.05 **Sex Actually With Alice Levine** (T) (R) Last in series.
12.10 **24 Hours in A&E** (T) (R) **1.05** Ramsay's Hotel Hell (T) (R) **1.50** FILM Wild (Jean-Marc Vallée, 2014) (T) **3.45** Come Dine With Me (T) (R) **4.40** Location, Location, Location (T) (R) **5.35** Bidding Wars (T) (R)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** George Clarke's Build a New Life in the Country (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM Her Stolen Past (Penelope Buitenhuis, 2018) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** The Gadget Show (T) **7.55** News (T)

8.0 **Police Interceptors** (T) In Mansfield, Phil Broughton goes undercover to find a man who is fresh on the wanted list. Includes news.
9.0 **Council House Swap** (T) Michael and Lucy from Leicestershire view a property in Waterlooville, a home in Leicester and a property in Somerset.

10.0 **Killer at the Crime Scene** (R)
11.05 **Strangeways Riot: 25 Days of Mayhem** (T) (R)
1.0 **The Live Casino Show** (T) **3.05** George Clarke's Build a New Life in the Country (T) (R) **3.55** The Railways That Built Britain With Chris Tarrant (T) (R) **4.40** Wildlife SOS (T) (R) **5.10** House Doctor (T) (R)

BBC Four

7.0 **Fred Dibnah's World of Steam, Steel and Stone** (T) (R) The steeplejack's interest in building techniques. **7.30** Canal Boat Diaries (T) (R) Robbie Cumming navigates the River Severn.

8.0 **Secret Life of Farm Animals** (T) (R) The first 12 weeks in the life of a Hereford calf.
9.0 **Princess Margaret: The Rebel Royal** (T) (R) Part two of two. Experts analyse the princess's marriage to Lord Snowdon at the start of the 1960s as the VIPs rode the wave of a cultural revolution.

10.0 **Storyville: The Distant Barking of Dogs** (T)
11.30 **Natural World: Super Powered Owls** (T) (R)
12.30 **Canal Boat Diaries** (T) (R) **1.0** Fred Dibnah's World of Steam, Steel and Stone (T) (R) **1.30** Secret Life of Farm Animals (T) (R) **2.30** Princess Margaret: The Rebel Royal (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.55** The Catch Up **8.0** Glow Up Ireland **8.50** Loop **9.0** The Instagram Effect **10.0** **Love in the Flesh** **10.45** This Country **11.15** This Country **11.45** The Instagram Effect **12.45** Love in the Flesh **1.30** The Drop **2.30** This Country **3.0** This Country **3.30** My Mate's a Bad Date

Dave

7.10 Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **10.0** Top Gear **11.0** World's Most Dangerous Roads **12.0** Red Bull Soapbox Race 2016 **1.0** Border Force: America's Gatekeepers **2.0** Expedition With Steve Backshall **3.0** Rick Stein's Secret France **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Long Weekends **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You?: The Unseen Bits **9.0** QI **10.0** **The Island** **11.0** Have I Got a Bit More Old News for You **12.0** Hypothetical **1.0** QI **1.40** Would I Lie to You?: The Unseen Bits **2.15** The Island **3.10** Insert Name Here

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **1.0** The Big Bang Theory **3.0** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** Teen First Dates **10.0** Celebrity Gogglebox **11.05** Gogglebox **12.10** First Dates **1.15** Married at First Sight Australia **2.45** Teen First Dates **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM Kansas Raiders (1950) **12.40** FILM Detective Story (1951) **2.45** FILM Ten Tall Men (1951) **4.45** FILM The Thirty-Nine Steps (1978) **6.55** FILM Home Alone 3 (1997) **9.0** FILM xXx: State of the Union (2005) **11.05** FILM Mean Machine (2001) **1.10** FILM The Witch: Part One - The Subversion (2018)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! No Limits! **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Gold **5.30** You've Been Framed! Gold **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Family Guy **9.30** Family Guy **10.0** Family Guy **10.30** Family Guy **11.0** Family Guy **11.30** American Dad! **11.55** American Dad! **12.25** Bob's Burgers **12.55** Bob's Burgers **1.20** Superstore **1.50** Superstore **2.15** Hey Tracey! **3.10** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **7.0** Stargate SG-1 **8.0** Arrow **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **12.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **7.0** Stargate SG-1 **8.0** There's Something About Movies **9.0** SEAL Team **10.0** Dating No Filter **10.30** Frayed **11.30** Harlan Coben's The Five **12.30** Harlan Coben's The Five **1.30** Road Wars **2.0** Sun, Sea and A&E **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Highway Patrol **5.30** Highway Patrol

Sky Arts

6.0am André Rieu: Love in Venice **9.10** Tales of the Unexpected **9.40** Tales of the Unexpected **10.10** Discovering: Bill Murray **11.05** Music Icons: Psychedelic Rock **11.35** Video Killed the Radio Star **12.0** Chi-chi Nwanoku on Samuel Coleridge-Taylor **1.0** Tales of the Unexpected **2.0** Discovering: Jean Simmons **3.0** Degas: Passion for Perfection **4.0** Boswell & Johnson's Scottish Road Trip **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Christopher Plummer **7.0** Portrait Artist of the Year 2018 **8.0** Discovering: Marlon Brando **9.0** FILM Listen to Me Marlon (2015) **11.0** The Directors **12.0** The Great Buster **2.0** Comedy Legends **3.0** Grace Jones: Urban Myths **3.30** Madonna and Basquiat: Urban Myths **4.0** The South Bank Show **5.0** The Art of Architecture

The Witch: Part One, Film4

Sky Atlantic

6.0am The British **7.0** The British **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **11.15** The Sopranos **12.25** Game of Thrones **1.30** Babylon Berlin **2.30** Babylon Berlin **3.40** Ray Donovan **4.40** Ray Donovan **5.45** The Sopranos **6.50** The Sopranos **7.55** Game of Thrones **9.0** Yellowjackets **10.05** Yellowjackets **11.10** Six Feet Under **12.15** Six Feet Under **1.20** Six Feet Under **2.25** Babylon Berlin **3.30** In Treatment **4.0** The British **5.0** The British

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Richard Strauss (R) **1.0** Lunchtime Concert. Violinist James Ehnes and Andrew Armstrong perform Schumann's Märchenbilder. (2/4) **2.0** Afternoon Concert. The Bavarian Radio SO in works by Schumann and Strauss, plus music from the Freiberg baroque. **4.0** Choral Evensong **5.0** In Tune **7.0** In Tune **7.30** In Concert. From the Barbican in London, Harry Christophers conducts the London Symphony Orchestra and Chorus, directed by Simon Halsey, in Haydn's The Creation, with soprano Lucy Crowe, tenor Andrew Staples and baritone Roderick Williams. **10.0** Free Thinking. Interpretations humanity has given to the equinox. **10.45** The Essay: The Sounds of Tyne (3/5) **11.0** Night Tracks **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** The Anatomy of Kindness (2/3) **9.30** Ingenious (R) **9.45** (LW) Daily Service **9.45** (FM) Making History: The Storytellers Who Shaped the Past. By Richard Cohen. (8/10) **10.0** Woman's Hour **11.0** Am I That Guy? Alistair Heather explores men's behaviour towards women. **11.30** Maureen & Friends. Performances by Maureen Lipman. (2/2) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Passing. By Nella Larsen. (3/5) **12.18** You and Yours **12.57** Weather **1.0** The World at One **2.0** The Archers **2.15** Norman Bows Out. Drama, by Helen Kluger, starring Jim Broadbent. **3.0** Money Box Live **3.30** Inside Health (R) **4.0** Rewinder (R) **4.30** The Media Show **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Conversations from a Long Marriage. Roger is caught talking in his sleep. (4/6) **7.0** The Archers **7.15** Front Row **8.0** The Moral Maze (11/11) **8.45** Past Forward: A Century of Sound. A 1990 innovation that allowed blind people to access newspapers. (3/10) **9.0** Costing the Earth (R) **9.30** The Media Show (R) **9.59** Weather **10.0** The World Tonight **10.45** Passing (R) **11.0** The Damien Slash Mixtape (3/4) **11.15** Chris Neill: Raging Enigma (5/6) **11.30** Today in Parliament **12.0** News **12.30** Making History (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am A Charles Paris Mystery: Murder in the Title (2/4) **6.30** Kipling in Love (3/8) **7.0** Alexei Sayle's Imaginary Sandwich Bar (4/4) **7.30** Conversations from a Long Marriage (3/6) **8.0** Hancock's Half Hour (7/20) **8.30** If You're So Clever, Why Aren't You Rich? (3/6) **9.0** Booked (6/6) **9.30** Spangles 'n' Tights (1/5) **10.0** A Tale of Two Cities: Aleppo and London (3/3) **11.0** The Changing Sound of Radio (1/3) **12.0** Hancock's Half Hour (7/20) **12.30** If You're So Clever, Why Aren't You Rich? (3/6) **1.0** A Charles Paris Mystery: Murder in the Title (2/4) **1.30** Kipling in Love (3/8) **2.0** Long Time No See (3/5) **2.15** Irene Nemirovsky: The Misunderstanding (3/5) **2.30** The Nose School **3.0** A Tale of Two Cities: Aleppo and London (3/3) **4.0** Booked (6/6) **4.30** Spangles 'n' Tights (1/5) **5.0** Alexei Sayle's Imaginary Sandwich Bar (4/4) **5.30** Conversations from a Long Marriage (3/6) **6.0** The Case of Charles Dexter Ward (13/18) **6.15** The First Men in the Moon (3/5) **6.30** How Tickled Am I? (1/6) **7.0** Hancock's Half Hour (7/20) **7.30** If You're So Clever, Why Aren't You Rich? (3/6) **8.0** A Charles Paris Mystery ... (2/4) **8.30** Kipling in Love (3/8) **9.0** The Changing Sound of Radio (1/3) **10.0** Conversations from a Long Marriage (3/6) **10.30** Kevin Eldon Will See You Now (1/4) **11.0** Radio Active (5/8) **11.30** Dave Podmore's Cricket Fix (R) **12.0** The Case of Charles Dexter Ward (13/18) **12.15** The First Men in the Moon (3/5) **12.30** How Tickled Am I? (1/6) **1.0** A Charles Paris Mystery ... (2/4) **1.30** Kipling in Love (3/8) **2.0** Long Time No See (3/5) **2.15** Irene Nemirovsky ... (3/5) **2.30** The Nose School **3.0** A Tale of Two Cities ... (3/3) **4.0** Booked (6/6) **4.30** Spangles 'n' Tights (1/5) **5.0** Alexei Sayle's Imaginary Sandwich Bar (4/4) **5.30** Conversations from a Long Marriage (3/6)

Thursday

Extraordinary Escapes, Channel 4

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) (R) **11.15** Homes Under the Hammer (T) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) (R) **3.45** The Repair Shop (T) **4.30** Bridge of Lies (T) **5.15** Pointless (T) **6.0** News and Weather (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** EastEnders (T)

8.0 **Dragons' Den** (T) An Edinburgh-based duo present a luxury product for breast cancer survivors.
9.0 **The Apprentice** (T) Lord Sugar summons the two front-runners to the British Museum to set them their final challenge to win his £250,000 investment. Last in the series.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 **Question Time** (T) Fiona Bruce chairs the debate.
11.35 **Newscast** (T) Weekly political chat with Adam Fleming, Laura Kuenssberg and Chris Mason.
12.05 **Celebrity Mastermind** (T) (R) **12.35** Weather for the Week Ahead (T) **12.40** News (T)

BBC Two

6.30 **Escape to the Country** (T) (R) **7.15** The Repair Shop (T) (R) **8.0** Your Garden Made Perfect (T) (R) **9.0** News (T) **12.15** Politics Live (T) **1.0** Ready Steady Cook (T) (R) **1.45** Eggheads (T) (R) **2.15** Street Auction (T) (R) **3.0** The Heights (T) (R) **3.30** The Customer Is Always Right (T) (R) **4.15** The Sweet Makers: A Georgian Treat (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Lightning (T) **7.0** Doctors (T) (R) **7.30** Rick Stein's Cornwall (T) (R)

8.0 **Great British Menu** (T) Guest judge Dev Griffin helps the panel decide the winner for Northern Ireland. Both chefs have dishes celebrating favourite TV shows.
9.0 **Hospital** (T) Two years after the series revealed the challenges of Covid-19 at the Royal Free London, cameras revisit the trust.

10.0 **The Apprentice: You're Hired** (T) With Tom Allen.
10.30 **Newsnight** (T) Weather
11.15 **Storyville: Tango With Putin** (T) (R) Documentary.
12.50 **Your Body Uncovered With Kate Garraway** (T) (R) **1.50** Interior Design Masters With Alan Carr (T) (R) **2.50** Marcus Wareing's Tales from a Kitchen Garden (T) (R)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) (R) **5.0** The Chase (T) (R) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.30 **Tonight: Cost of Living – What You Need to Know** (T) Datshiane Navanayagam investigates energy costs.
9.0 **Joanna Lumley's Great Cities of the World** (T) Joanna's visit to Rome includes the Trevi Fountain, a meeting with one of the most famous paparazzi, and a chat with film star Gina Lollobrigida.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 **Unbelievable Moments Caught on Camera** (T) (R)
11.40 **All Elite Wrestling: Rampage**
12.30 **Shop: Ideal World 3.0** Tonight: Cost of Living – What You Need to Know (T) (R) **3.25** Wonders of Scotland With David Hayman (T) (R) **3.50** Unwind With ITV

Channel 4

6.05 **Countdown** (T) (R) **6.45** Cheers (T) (R) **7.40** Everybody Loves Raymond (T) (R) **9.05** Frasier (T) (R) **10.35** Ramsay's Kitchen Nightmares USA (T) (R) **11.30** News (T) **11.35** Undercover Boss USA (T) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun (T) (R) **5.0** Four in a Bed (T) **5.30** Fame in the Family (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T)

8.0 **Perfect House, Secret Location** (T) Steve Jones guides prospective buyers Ronnie and Ahmad Khouja around a range of dream properties.
9.0 **Extraordinary Escapes With Sandi Toksvig** (T) Sandi and psychotherapist Philippa Perry escape to Scotland's Highlands and Islands.

10.0 **First Dates** (T)
11.05 **Naked Attraction** (T) (R)
12.10 **Ramsay's Hotel Hell** (T) (R) **1.0** Come Dine With Me (T) (R) **1.50** FILM Hell Or High Water (David Mackenzie, 2016) (T) **3.35** Location, Location, Location (T) (R) **4.30** Moneybags (T) (R) **5.25** Bidding Wars (T) (R) **5.50** Kirstie's House of Craft (R)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** George Clarke's Build a New Life in the Country (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM A Wedding to Die For (Tom Shell, 2019) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** A Country Life for Half the Price With Kate Humble (T) **7.55** News (T)

8.0 **Cornwall: A Year By the Sea** (T) New series. Documentary exploring Cornwall as a thriving county all year round. Includes news update.
9.0 **Murder My Sweetheart: The Killing of Dolores McCrea** (T) The 2004 disappearance of Dolores McCrea, featuring interviews with family, detectives and scientists.

11.0 FILM **Cocktail** (Roger Donaldson, 1988) (T)
1.05 **The Live Casino Show** (T) **3.05** George Clarke's Build a New Life in the Country (T) (R) **3.55** The Railways That Built Britain With Chris Tarrant (T) (R) **4.40** Wildlife SOS (T) (R) **5.10** House Doctor (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Paw Patrol (R)

BBC Four

7.0 **Fred Dibnah's World of Steam, Steel and Stone** (T) (R) The steeplejack's appreciation for craftsmanship. **7.30** Canal Boat Diaries (T) (R) Robbie Cumming crosses an epic aqueduct near Stratford-upon-Avon. Last in the series.

8.0 **Michael Wood's Story of England** (T) (R) How peasant education was organised in the 14th century.
9.0 FILM **Green Book** (Peter Farrelly, 2018) (T) (R) A 1960s bouncer becomes the driver of an African American pianist. Drama, starring Viggo Mortensen and Mahershala Ali.

11.0 FILM **Manchester By the Sea** (2016) (T) (R) Drama, starring Casey Affleck and Michelle Williams.
1.15 **Skint: Hannah** (T) (R) **1.30** Skint: Regeneration (T) (R) **1.45** Canal Boat Diaries (T) (R) **2.15** Fred Dibnah's World of Steam, Steel and Stone (T) (R) **2.45** Michael Wood's Story of England (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.55** The Catch Up **8.0** Glow Up Ireland **8.50** What's in Your Schoolbag? **9.0** Cherry Valentine: Gypsy Queen and Proud **10.0** Love in the Flesh **10.45** MOTDx **11.15** Zen Motoring **11.30** Mood **12.15** Love in the Flesh **1.0** Cherry Valentine: Gypsy Queen and Proud **1.55** Freeze: On Thin Ice **2.45** Rowing Home With Jordan North **3.15** Mood

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Top Gear **11.0** Expedition With Steve Backshall **12.0** Red Bull Soapbox Race **1.0** Border Force: America's Gatekeepers **2.0** Expedition With Steve Backshall **3.0** Rick Stein's Long Weekends **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Long Weekends **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** **Meet the Richardsons** **10.40** Mock the Week **11.20** Mock the Week Christmas Special **12.0** Hypothetical **1.0** QI XL **1.40** Would I Lie to You? **2.15** Live at the Apollo **3.15** Insert Name Here

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **1.0** The Big Bang Theory **13.0** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** Naked Attraction **10.0** Naked Attraction **11.05** Gogglebox **12.10** First Dates **1.20** Rick and Morty **1.50** Teenage Euthanasia **2.15** Married at First Sight Australia **3.35** Gogglebox **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM The Million Pound Note (1954) **12.50** FILM Distant Drums (1951) **2.55** FILM The Tin Star (1957) **4.45** FILM Lonely Are the Brave (1962) **6.55** FILM Star Trek III: The Search for Spock (1984) **9.0** FILM xXx: The Return of Xander Cage (2017) **11.10** FILM First Man (2018) **1.55** FILM Let's Be Cops (2014)

ITV2

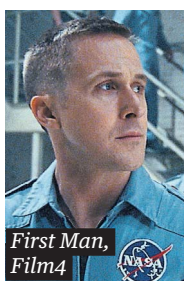
6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Gold **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Family Fortunes **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Gold **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Family Guy **9.30** Family Guy **10.0** Celebrity Juice **10.50** Family Guy **11.20** Family Guy **11.50** American Dad! **12.20** American Dad! **12.45** Bob's Burgers **1.15** Bob's Burgers **1.40** Superstore **2.05** Superstore **2.30** The Stand Up Sketch Show **3.0** Totally Bonkers Guinness World Records **3.25** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **8.0** Arrow **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **8.0** An Idiot Abroad **9.0** Resident Alien **10.0** Brassic **11.0** The Flight Attendant **12.0** Frayed **1.0** Arrow **2.0** The Blacklist **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Highway Patrol

Sky Arts

6.0am LSO: Sir Simon Rattle Conducts Delage, Ravel and Dutilleux With Leonidas **7.45** Hollywood: Singing and Dancing **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Discovering: Jean Simmons **11.0** Music Icons: Chicago Blues **11.30** Video Killed the Radio Star **12.0** National Treasures: The Art of Collecting **1.0** Tales of the Unexpected **2.0** Discovering: Christopher Plummer **2.55** Renoir: Revered and Reviled **3.55** I, Claude Monet **4.55** Tales of the Unexpected **5.25** Tales of the Unexpected **5.50** Discovering: Jeff Bridges **6.50** Voices of Ireland **8.0** The Directors **9.0** FILM Hue and Cry (1947) **10.40** The Movies **11.40** Days of Rage: The Rolling Stones' Road to Altamont **1.55** King Arthur **4.55** Arts Uncovered **5.05** The Art of Architecture



First Man, Film4

Sky Atlantic

6.0am Richard E Grant's Hotel Secrets **7.0** Richard E Grant's Hotel Secrets **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.15** Game of Thrones **1.20** Hausen **2.25** Hausen **3.30** Ray Donovan **5.40** The Sopranos **6.50** The Sopranos **7.55** Game of Thrones **9.0** **My Brilliant Friend** **10.05** My Brilliant Friend **11.10** Banshee **12.15** Banshee **1.20** Banshee **2.25** Get Shorty **3.30** In Treatment **4.0** Richard E Grant's Hotel Secrets **5.0** Richard E Grant's Hotel Secrets

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Richard Strauss (R) **1.0** Lunchtime Concert. Violinist James Ehnes, pianist Andrew Armstrong and the Benedetti Elschenbroich Grynyuk Trio perform chamber music by Brahms and Schumann. **2.0** Afternoon Concert. Ivan Fischer conducts the Bavarian Radio SO in Beethoven's Symphony No 8. **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. John Storgårds conducts the BBC Symphony Orchestra and baritone Kostas Smoriginas in Sofia Gubaidulina's Fairytale Poem, Mussorgsky's Songs and Dances of Death (orch Shostakovich) and Shostakovich's Symphony No 5 in D minor. **10.0** Free Thinking **10.45** The Essay: The Sounds of Tyne (4/5) **11.0** Night Tracks **11.30** Unclassified **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** In Our Time **9.45** (LW) Daily Service **9.45** (FM) Making History: The Storytellers Who Shaped the Past (9/10) **10.0** Woman's Hour **11.0** From Our Own Correspondent (9/10) **11.30** Whipped (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Passing (4/5) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** Past Forward: A Century of Sound (4/10) **2.0** The Archers **2.15** Our Friends in the North. By Peter Flannery. Mary and Tosker's new high-rise flat and marriage are both showing cracks. (2/10) **3.0** Ramblings. Clare Balding joins historian Matthew Green on a walk at Winchelsea in East Sussex. (8/9) **3.27** Appeal (R) **3.30** Open Book (R) **4.0** The Curious Cases of Rutherford & Fry. How people perceive colour. (6/6) **4.30** Inside Science **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Big Problems With Helen Keen (R) **7.0** The Archers **7.15** Front Row **8.0** Law in Action (R) **8.30** The Bottom Line (8/8) **9.0** Inside Science (R) **9.30** In Our Time **9.59** Weather **10.0** The World Tonight **10.45** Passing (R) **11.0** Gaby's Talking Pictures (R) **11.30** Today in Parliament **12.0** News **12.30** Making History: The Storytellers Who Shaped the Past (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am A Charles Paris Mystery: Murder in the Title (3/4) **6.30** Kipling in Love (4/8) **7.0** It's a Fair Cop (3/6) **7.30** Big Problems With Helen Keen (2/4) **8.0** The Small, Intricate Life of Gerald C Potter (1/6) **8.30** After Henry (3/8) **9.0** The Personality Test (4/4) **9.30** Tomorrow, Today! (4/4) **10.0** The Thirty Nine Steps (1/2) **11.0** Desert Island Discs **11.45** The Curious Cases of Rutherford & Fry (6/6) **12.0** The Small, Intricate Life of Gerald C Potter (1/6) **12.30** After Henry (3/8) **1.0** A Charles Paris Mystery: Murder in the Title (3/4) **1.30** Kipling in Love (4/8) **2.0** Long Time No See (4/5) **2.15** Irene Nemirovsky: The Misunderstanding (4/5) **2.30** Fiery Inspiration: Amiri Baraka and the Black Arts Movement (1/2) **3.0** The Thirty Nine Steps (1/2) **4.0** The Personality Test (4/4) **4.30** Tomorrow, Today! (4/4) **5.0** It's a Fair Cop (3/6) **5.30** Big Problems With Helen Keen (2/4) **6.0** The Case of Charles Dexter Ward (14/18) **6.15** The First Men in the Moon (4/5) **6.30** Great Lives **7.0** The Small, Intricate Life of Gerald C Potter (1/6) **7.30** After Henry (3/8) **8.0** A Charles Paris Mystery: Murder in the Title (3/4) **8.30** Kipling in Love (4/8) **9.0** Desert Island Discs **9.45** The Curious Cases of Rutherford & Fry (6/6) **10.0** Big Problems With Helen Keen (2/4) **10.30** Listen Against (4/4) **11.0** The Maltby Collection (3/6) **11.30** A Look Back at the Future (3/6) **12.0** The Case of Charles Dexter Ward (14/18) **12.15** The First Men in the Moon (4/5) **12.30** Great Lives **1.0** A Charles Paris Mystery … (3/4) **1.30** Kipling in Love (4/8) **2.0** Long Time No See (4/5) **2.15** Irene Nemirovsky: The Misunderstanding (4/5) **2.30** Fiery Inspiration: Amiri Baraka and the Black Arts Movement (1/2) **3.0** The Thirty Nine Steps (1/2) **4.0** The Personality Test (4/4) **4.30** Tomorrow, Today! (4/4) **5.0** It's a Fair Cop (3/6) **5.30** Big Problems With Helen Keen (2/4)

Friday

Grayson's Art Club, Channel 4

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) (R) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) **1.0** News (T) **1.30** Regional News (T) **1.45** Shakespeare & Hathaway: Private Investigators (T) (R) **2.30** Money for Nothing (T) **3.0** Escape to the Country (T) (R) **3.45** The Repair Shop (T) **4.30** Bridge of Lies (T) **5.15** Pointless (T) **6.0** News (T) **6.30** Regional News (T) **7.0** The One Show (T) **7.30** Question of Sport (T)

8.0 **MasterChef** (T) Food critic Tom Parker Bowles helps assess the six remaining contestants' efforts.
9.0 **MasterChef** (T) Four cooks compete in a quarter-final.
9.30 **Not Going Out** (T) New series. Wendy rediscovers her love of painting and gifts Lee and Lucy a portrait of Frank, which they hate.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 FILM **Spider-Man: Homecoming** (Jon Watts, 2017) (T) Peter Parker battles a winged criminal with a trade in stolen hi-tech weaponry. Comic book adventure, starring Tom Holland and Michael Keaton.
12.40 **Weather** (T) **12.45** News (T)

BBC Two

6.15 **Homes Under the Hammer** (T) (R) **7.15** The Repair Shop (T) (R) **8.0** Great Coastal Railway Journeys (T) (R) **8.30** Marcus Wareing's Tales from a Kitchen Garden (T) (R) **9.0** News (T) **10.0** News (T) **12.15** Politics UK (T) **1.0** FILM The Belles of St Trinian's (1954) (T) **2.30** Natural World (T) (R) **3.30** The Customer Is Always Right (T) (R) **4.15** The Sweet Makers: A Victorian Treat (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Lightning (T) **7.0** MOTDx (T) **7.30** **Inside Culture With Mary Beard** (T)

8.0 **Gardeners' World** (T) Monty Don gets stuck into seasonal jobs at Longmeadow, and Nick Bailey visits Bodnant Garden in north Wales.
9.0 **Earth's Great Rivers II** (T) The story of the Danube, the world's most international river, revealing its wonders from crystal-clear waterfalls to baby turtles.

10.0 **Live at the Apollo: Access All Areas** (T) (R) A celebration of disabled standups.
10.30 **Newsnight** (T) Weather
11.05 **The Misadventures of Romesh Ranganathan** (T) (R) The comedian visits Romania.
12.05 **Panorama** (T) (R) **1.05** Fraud Squad (T) (R) **1.50** Fraud Squad (T) (R) **2.35** This Is BBC Two (T)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) (R) **5.0** The Chase (T) (R) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 **Coronation Street** (T) As Gary resolves to move Rick's body, Laura demands the truth.
9.0 **Grantchester** (T) A vagrant is found dead in the doorway of Leonard's cafe, and Geordie cannot shake the feeling that this murder could be connected to two previous unsolved cases.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 FILM **Rocky Balboa** (Sylvester Stallone, 2006) (T) Boxing drama sequel, starring Sylvester Stallone and Burt Young.
12.30 **Shop: Ideal World 3.0** Winning Combination (T) (R) **3.50** Unwind With ITV **5.05** Cash Trapped (T) (R)

Channel 4

6.05 **Countdown** (T) (R) **6.45** Cheers (T) (R) **7.40** Everybody Loves Raymond (T) (R) **9.05** Frasier (T) (R) **10.35** Ramsay's Kitchen Nightmares USA (T) (R) **11.30** News (T) **11.35** Undercover Boss USA (T) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun (T) (R) **5.0** Four in a Bed (T) **5.30** Fame in the Family (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** **Unreported World: The Anti-Vaxx Preachers** (T)

8.0 **Grayson's Art Club** (T) Grayson Perry and his wife Philippa are joined by comedian Jo Brand, who mucks in by making an artwork of her own on this week's theme: heroes and heroines.
9.0 **Gogglebox** (T) The critics share their opinions on what they have been watching.

10.0 **The Last Leg** (T)
11.05 **8 Out of 10 Cats Does Countdown** (T) (R)
12.05 FILM **American Ultra** (Nima Nourizadeh, 2015) (T) Action comedy, starring Jesse Eisenberg. **1.45** Ramsay's Hotel Hell (T) (R) **2.35** Come Dine With Me (T) (R) **4.50** Moneybags (T) (R) **5.45** Kirstie's House of Craft (R)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** George Clarke's Build a New Life in the Country (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM Mystery 101: Killer Timing (Fred Gerber, 2021) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** World's Most Scenic River Journeys (T) **7.55** News (T)

8.0 **Submarine: Life Under the Waves** (T) (R) On board nuclear submarine HMS Trenchant on its four-month tour of duty. Includes news.
9.0 **Tutankhamun: Waking the Dead** (T) Professor Bettany Hughes takes a look at the body of Tutankhamun, and attempts to understand the true story of the boy king.

10.0 **Patrick Swayze: Dirty Dancer** (T) (R) Profile of the actor.
11.30 **80s Greatest Pop Videos: 1986** (T) A visual celebration of the best music of the year.
1.15 **The Live Casino Show** (T) **3.20** 1996: Britain's Biggest Hits (T) (R) **4.25** The Funny Thing About Holidays (T) (R) **5.10** House Doctor (T) (R) **5.35** Paw Patrol (T) (R)

BBC Four

7.0 **Dusty** (T) (R) Entertainment showcase double bill, with guests Warren Mitchell, Ken Campbell and Mel Tormé. **7.55** Pop Go the Sixties (T) (R) Archive performance by Dusty Springfield.

8.0 **TOTP: 1992** (T) (R) Featuring Bananarama, the Shamen, Sonia, Dr Alban, Lionel Richie, U96, Sinead O'Connor, Snap, Undercover, Freddie Jackson, INXS, Del Amitri and Boy George.
9.0 **Elton John: Uncensored** (T) (R) The musician talks to Graham Norton about his childhood, life and stardom.

10.0 FILM **Amazing Grace** (Alan Elliot, Sydney Pollack, 2018) (T) (R) Concert recording of Aretha Franklin's 1972 gospel album.
11.25 **Elton John: Electric Prom** (R)
12.25 **Classic Soul at the BBC** (T) (R) **1.25** TOTP: 1992 (T) (R) **1.55** TOTP: 1992 (T) (R) **2.25** Dusty (T) (R) **2.55** Dusty (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.55** The Catch Up **8.0** Freeze: On Thin Ice **8.50** Zen Motoring **9.05** **Drugsland: Going Country** **10.0** FILM **County Lines** (2019) **11.25** Love in the Flesh **12.10** Love in the Flesh **12.55** Cherry Valentine: Gypsy Queen and Proud **1.50** Freeze: On Thin Ice **2.40** Drugsland: Going Country **3.35** Zen Motoring

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Top Gear **11.0** Expedition With Steve Backshall **12.0** Red Bull Soapbox Race **1.0** Border Force: America's Gatekeepers **2.0** Expedition With Steve Backshall **3.0** Rick Stein's Long Weekends **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Long Weekends **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** QI **10.40** Mock the Week **11.20** Meet the Richardsons **12.0** Hypothetical **1.0** QI XL **1.40** Would I Lie to You? **2.15** Live at the Apollo **3.10** The Misadventures of Romesh Ranganathan **4.0** Teleshopping

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **8.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **11.30** Young Sheldon **12.0** Brooklyn Nine-Nine **12.30** Brooklyn Nine-Nine **1.0** The Big Bang Theory **1.30** The Big Bang Theory **2.0** The Big Bang Theory **2.30** The Big Bang Theory **3.0** Young Sheldon **3.30** Young Sheldon **4.0** Brooklyn Nine-Nine **4.30** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Teen First Dates **8.35** The Big Bang Theory **9.0** FILM Jack Reacher: Never Go Back (2016) **11.20** Naked Attraction **12.25** Naked Attraction **1.30** First Dates **2.30** Gogglebox **3.25** Below Deck: Mediterranean **4.15** Ramsay's Kitchen Nightmares USA **5.05** Ramsay's Kitchen Nightmares USA

Film4

11.0am FILM The File on Thelma Jordon (1950) **1.05** FILM In Harm's Way (1965) **4.25** FILM Mary, Queen of Scots (1971) **7.05** FILM Fantastic Four (2015) **9.0** FILM The Hobbit: An Unexpected Journey (2012) **12.20** FILM We Summon the Darkness (2019) **2.10** FILM February (2015)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Gold **8.30** You've Been Framed! Gold **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Family Fortunes **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Gold **6.0** Celebrity Catchphrase **7.0** Superstore **8.0** Bob's Burgers **9.0** FILM Ted (2012) **11.10** Family Guy **12.05** American Dad! **1.0** Bob's Burgers **2.0** Superstore **2.50** Totally Bonkers Guinness World Records **3.15** Unwind With ITV

Sky Max

6.0am Stargate SG-1 **8.0** Arrow **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **8.0** A League of Their Own **9.0** Rob & Romesh vs Ballet **10.0** Brassic **11.0** Peacemaker **12.0** Road Wars **1.0** Arrow **2.0** The Blacklist **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Highway Patrol

Sky Arts

6.0am Darbar: Music of India **7.0** The Wiz Live **9.0** Tales of the Unexpected **10.0** Discovering: Christopher Plummer **11.0** Music Icons: Rockabilly **11.30** Video Killed the Radio Star **12.0** Manet from the Royal Academy of Arts, London **1.0** Tales of the Unexpected **2.0** Discovering: Jeff Bridges **3.0** Mystery of the Lost Paintings **4.0** Brunelleschi's Impossible Dome **5.0** Tales of the Unexpected **6.0** Discovering: Sean Connery **7.0** Queen: Hungarian Rhapsody - Live in Budapest **9.0** Freddie Mercury: The Great Pretender **10.45** Discovering: Iggy Pop **11.15** Punk **12.30** Isle of Wight Festival Greatest Hits **12.45** Isle of Wight Festival Greatest Hits **1.0** Stevie Nicks: 24 Karat Gold Tour **3.0** Video Killed the Radio Star **3.30** Come Together: The Rise of the Festival **5.0** The Art of Architecture

The Hobbit: An Unexpected Journey, Film4

Sky Atlantic

6.0am Storm City **7.0** Storm City **8.0** CSI: Crime Scene Investigation **8.50** The Newsroom **10.05** The Sopranos **11.10** The Sopranos **12.15** Game of Thrones **1.20** Hausen **2.25** Hausen **3.30** Ray Donovan **4.35** Ray Donovan **5.40** The Sopranos **6.45** The Sopranos **7.45** Game of Thrones **9.0** Funeral for a Dog **10.0** Funeral for a Dog **11.0** Succession **12.05** True Blood **1.15** True Blood **2.25** True Blood **3.30** In Treatment **4.0** Storm City **5.0** Storm City

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics: Georgia Mann **12.0** Composer of the Week: Richard Strauss (R) **1.0** Lunchtime Concert. Violinist James Ehnes and pianist Andrew Armstrong perform music by Brahms and Schumann. **2.0** Afternoon Concert. Andris Nelsons conducts the Bavarian Radio SO and violinist Baiba Skride in Shostakovich's Second Violin Concerto. **4.30** The Listening Service (R) **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. The BBC Symphony Orchestra and Ubu Ensemble perform works by Frank Zappa, including tracks from The Yellow Shark album. **10.0** The Verb **10.45** The Essay: The Sounds of Tyne (5/5) **11.0** Late Junction. Highlights from the After Dark festival in Newcastle upon Tyne, featuring Iceboy Violet, Nyati Mayi, Yeah You and Vashti Bunyan. **1.0** Piano Flow With Tokio Myers **2.0** Gameplay **3.0** Through the Night

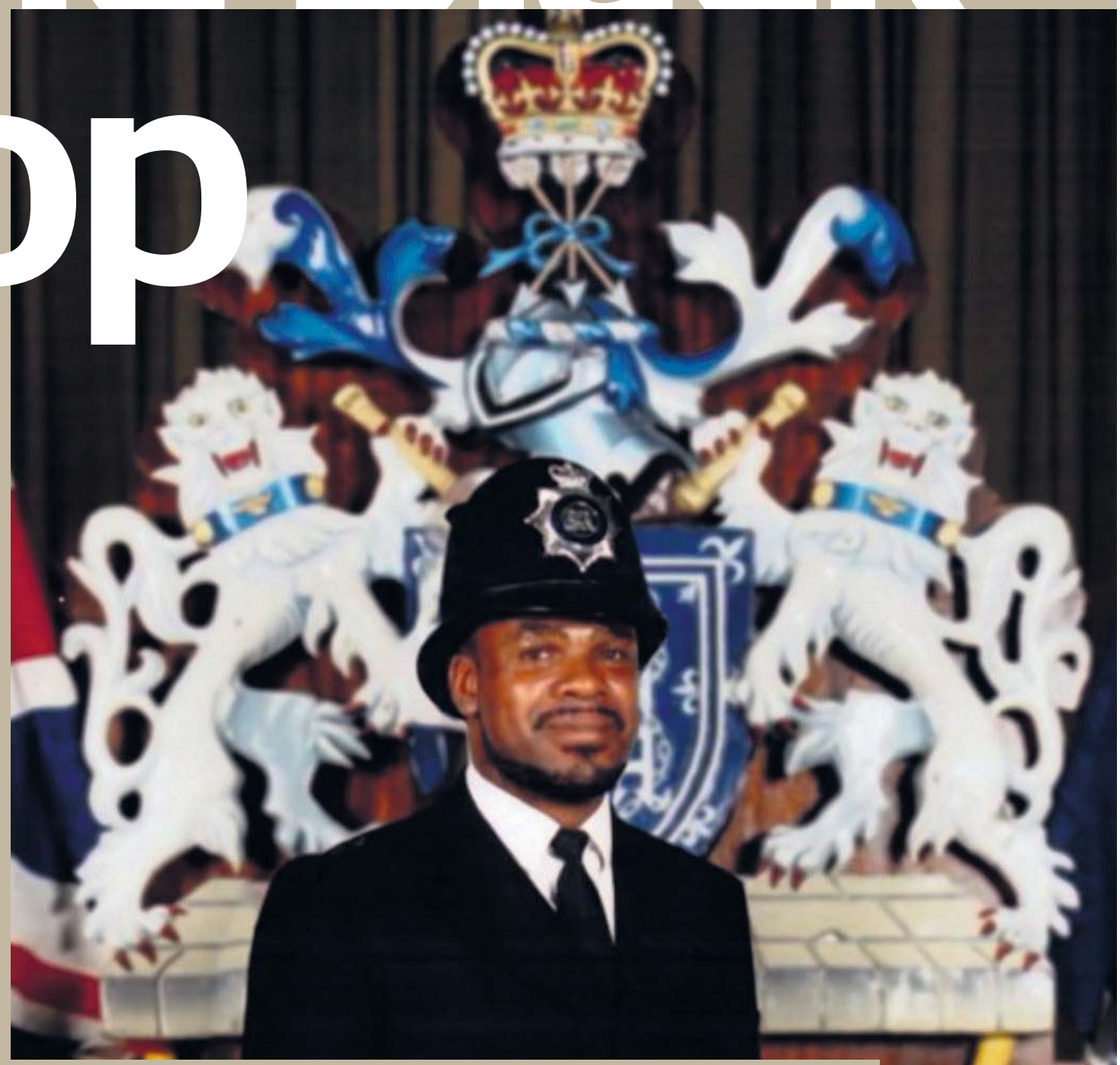
Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** Desert Island Discs: Alan Cumming (R) **9.45** (LW) Daily Service **9.45** (FM) Making History: The Storytellers Who Shaped the Past. By Richard Cohen. (10/10) **10.0** Woman's Hour **11.0** The Smugglers' Trail. The risks that are taken with human life. (3/4) **11.30** Ankle Tag (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Passing. By Nella Larsen. (5/5) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** Past Forward: A Century of Sound. Greg Jenner explores the idea of musical ownership. (5/10) **2.0** The Archers (R) **2.15** The Road and the Miles to Dundee. Val McDermid's semi-autobiographical queer tale of avoiding love on the rebound and the power of family memory. **2.45** Helen Lewis: Great Wives (R) **3.0** Gardeners' Question Time **3.45** After Wonderland: Yellow Brick Road (R) **4.0** Last Word **4.30** Feedback **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** The Now Show(3/6) **7.0** Letter from Ukraine (4/4) **7.15** Add to Playlist (8/8) **8.0** Any Questions? **8.50** A Point of View **9.0** The Hackers (1-5/10) **9.59** Weather **10.0** The World Tonight **10.45** Passing (R) **11.0** A Good Read (R) **11.30** Today in Parliament **12.0** News **12.30** Making History: The Storytellers Who Shaped the Past (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45** Lent Talks (R)

Radio 4 Extra

6.0am A Charles Paris Mystery: Murder in the Title (4/4) **6.30** Kipling in Love (5/8) **7.0** All Those Women (1/4) **7.30** George Fouracres: Black Country Gentlemon **8.0** Dad's Army (14/20) **8.30** Bristow (1/6) **9.0** Guess What? (2/10) **9.30** Bookcases (R) **10.0** The Thirty Nine Steps (2/2) **11.0** Podcast Radio Hour **12.0** Dad's Army (14/20) **12.30** Bristow (1/6) **1.0** A Charles Paris Mystery: Murder in the Title (4/4) **1.30** Kipling in Love (5/8) **2.0** Long Time No See (5/5) **2.15** Irene Nemirovsky: The Misunderstanding (5/5) **2.30** Fiery Inspiration: Amiri Baraka and the Black Arts Movement (2/2) **3.0** The Thirty Nine Steps (2/2) **4.0** Guess What? (2/10) **4.30** Bookcases (R) **5.0** All Those Women (1/4) **5.30** George Fouracres: Black Country Gentlemon **6.0** The Case of Charles Dexter Ward (15/18) **6.15** The First Men in the Moon (5/5) **6.30** And the Academy Award Goes To (3/4) **7.0** Dad's Army (14/20) **7.30** Bristow (1/6) **8.0** A Charles Paris Mystery: Murder in the Title (4/4) **8.30** Kipling in Love (5/8) **9.0** Podcast Radio Hour **10.0** George Fouracres: Black Country Gentlemon **10.30** Mark Watson's Live Address to the Nation (4/6) **11.0** State of the Nations (1/5) **11.30** My Booze Hell By Little Johnny Cartilage (1/4) **11.45** Bird Island (1/4) **12.0** The Case of Charles Dexter Ward (15/18) **12.15** The First Men in the Moon (5/5) **12.30** And the Academy Award Goes To (3/4) **1.0** A Charles Paris Mystery: Murder in the Title (4/4) **1.30** Kipling in Love (5/8) **2.0** Long Time No See (5/5) **2.15** Irene Nemirovsky: The Misunderstanding (5/5) **2.30** Fiery Inspiration: Amiri Baraka and the Black Arts Movement (2/2) **3.0** The Thirty Nine Steps (2/2) **4.0** Guess What? (2/10) **4.30** Bookcases (R) **5.0** All Those Women (1/4) **5.30** George Fouracres ... *

The Black Cop



A tale of identity, discrimination, and institutional bias in the Met
Gamal 'G' Turawa's memories tell a multi-layered story; one of a homophobic, racially charged young police officer who became an openly gay, anti-racism campaigner. BAFTA winning Guardian documentary, The Black Cop, paints an intimate, nuanced portrait of Turawa's life and career.

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